

There are three levels of Award: Bronze, Silver and Gold. At each level there are four Sections: Service, Expeditions, Skills, Physical Recreation, plus a Residential Project (at Gold only)

- Activities in each Section are intended to complement each other and so provide a balanced programme reflecting different aspects of young people's development;
- participants and leaders can develop their own activities to meet the principles or choose from Award lists;
- participants should be encouraged to explore and pursue different and exciting initiatives which may be new to the individual or develop existing interests;
- new programmes and activities should be developed in consultation with the Operating Authority, as Operating Authorities have responsibility for participants' safety and well-being and may have their own rules and requirements.

The minimum period of participation by direct entrants is: Bronze: 6 months Silver: 12 months Gold: 18 months

To recognise effort and encourage progression there are shorter time limits for those who have completed a previous Award, which are expressed as additional time for direct entrants rather than reduced time for those progressing through the Award. In the Service, Skills and Physical Recreation Sections minimum time requirements are expressed in months, based on an average involvement of at least one hour a week.

# TIMESCALES FOR INVOLVEMEN

## Bronze Award

Service	Skills	Physical Recreation		
3 months	3 months	3 months		
An additional 3 months must be undertaken in any one of these				
Sections				

## **Expeditions**

Plan, prepare for and undertake a 2-day, 1-night venture

# Silver Award

Service	Skills	<b>Physical Recreation</b>		
6 months	One Section for 6 months and the other			
	Section for 3 months			
Direct entrants must undertake an additional 6 months in either the				
Service or the longer (Skills or Physical Recreation) Section				

#### **Expeditions**

Plan, prepare for and undertake a 3-day, 2-night venture

# Gold Award

Service	Skills	<b>Physical Recreation</b>	Expedition
12 months	One Section for 12 months and		Plan, prep
	the other Section for 6 months		undertake
Direct entrants must undertake an additional		3-night ve	
6 months in either the Service or the longer (Skills or Physical Recreation) Section			
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## Residential

Undertake a shared activity in a residential setting away from home for 5 days and 4 nights

There should be a regular commitment throughout the above periods of involvement averaging at least one hour a week.