

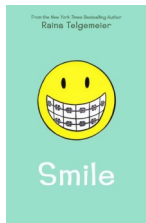
Mind Your Head by Juno Dawson

We all have a mind, so we all need to take care of our mental health as much as we need to take care of our physical health. Juno Dawson leads the way with this frank, factual and funny book with added information from clinical psychologist Dr Olivia Hewitt.

Find me in the "Shelf Help" section.

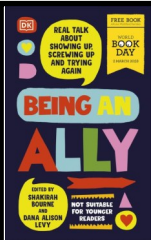
Smile by Raina Telgemeier

Raina just wants to be a normal girl, but one night after Girl Scouts she trips and falls severely injuring her two front teeth. What follows is a long and frustrating journey with on-again, off-again braces, surgery, embarrassing head gear and even a retainer with fake teeth attached. And on top of all that, there's more to deal with: a major earthquake, boy confusion and friends who turn out to not be so friendly.



Find me in the Graphic Novel & Manga section.

AR Level 2.6



Being an Ally by S. Bourne & D.A. Levy

As an ally you use your power, no matter how big or small, to support others. The authors share their truths and invite you to think about your experiences.

Found in the Shelf Help section.

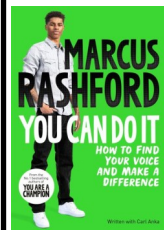
AR Level 6.6

Blubber By Judy Blume



'Blubber is a thick layer of fat that lies under the skin and over the muscles of whales...' When Linda innocently reads out the class project, everyone finds it funny. Linda can't help it if she's fat, but what starts as a joke leads to a sustained and cruel ritual of humiliation. Jill knows she should defend Linda, but at first she is too scared. When she eventually stands up to the bullies, she becomes their victim and what's worse, Linda is now on their side...

Find me in the Teen Fiction section.
AR Level 3.8



You Can Do It: how to find your voice and make a difference by Marcus Rashford

Marcus uses the power of his voice to shine a light on the injustices he really cares about, and how he wants to help you find the power in yours. From surrounding yourself with the right team, to showing kindness to those around you, to celebrating and championing difference. This book shows you that your voice really does matter and that you can do anything if you put your mind to it. Even small changes can have a big impact. You don't have to be an international footballer to be heard.

Find me in the Fascinating Facts and Shelf Help section.

AR Level 6.1

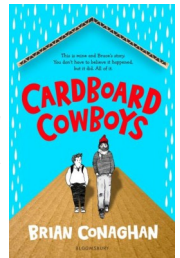


The Humiliations of Welton Blake by Alex Wheatle

Welton Blake has done it, he's asked out Carmella McKenzie, the best looking girl in school and she's only gone and said yes! But just as he thinks his luck, and life, is starting to change, Welton's phone breaks kick starting a series of unfortunate, humiliating, and sometimes disgusting events. Life for Welton is about to go very, very wrong.

Find me in the Teen Fiction section.
AR Level 4.3.

Cardboard Cowboys by Brian Conaghan



Even though I found him living in a house made of cardboard, Bruce is a massive legend. Fact. So this is mine and Bruce's story. You don't have to believe it happened, but it did. All of it. Nobody at school can see past Lenny's size to the person within. So when lessons get too tough, Lenny always goes to his bench to think. At least no one can see him. Then one day, midway through lobbing his empty can of Irn-Bru into the canal he's stopped by Bruce. Bruce lives in a cardboard home hidden away by the banks, and he doesn't approve of kids messing up his front lawn... A bumpy start gives way to an unexpected friendship, and an epic road trip, that will change both of them for life...

Find me in the Teen Fiction section.
AR Level 3.9



Bad Girls by Jacqueline Wilson

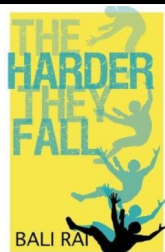
Mandy has been picked on at school for as long as she can remember. That's why she can't believe it when cheeky, daring and full-of-fun Tanya wants to be her friend. Mandy's delighted, but Mum isn't. Mum thinks Tanya's a bad girl. But Mandy is far too sensible to be bad herself... or is she? Because when she discovers Tanya's secret, a secret that scares her just as much as Kim's gang, Mandy realises she has to choose between doing what her Mum wants and keeping her new friend.

**Find me in the Teen Fiction section.
AR Level 4.0**

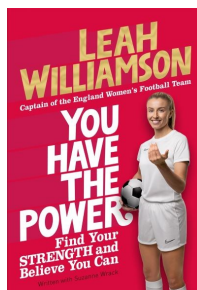
The Harder They Fall by Bali Rai

Cal's family are proud to live in an 'analogue' world, no wifi in their house, just an ancient black and white TV. At school, Cal has no choice but to live in the 21st century, coping with a range of bullies and chancers on a daily basis. When Cal's mum decides to 'rebalance' the family with a stint as volunteers at a local food bank, Cal inadvertently discovers new kid, Jacob's secret and Jacob flips.

**Find me in the Teen Fiction section.
AR Level 3.2**



More books you may want to read...

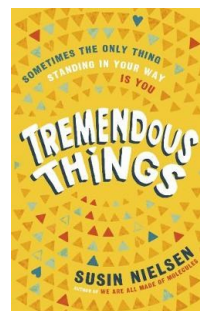
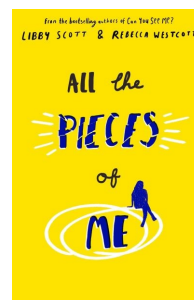


You Have the Power by Leah Williamson

Find me in the Shelf Help section.
Not currently on AR

All the Pieces of Me by Libby Scott and Rebecca Westcott

Find me in the Teen Fiction section.
AR Level 5.8

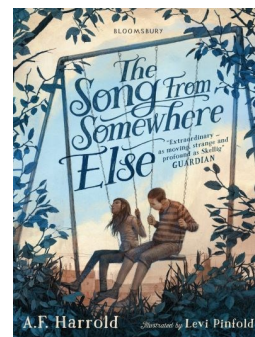


Tremendous Things by Susin Nielsen

Find me in the Teen Fiction section.
AR Level 4.5

The Song From Somewhere Else by AF Harrold

Find me in the Teen Fiction section.
AR Level 5.0



HAZELWICK SCHOOL LIBRARY

Bullying Awareness



This is a collection of fiction and non-fiction books that tackle the topic of bullying.

The Librarians will be happy to help you find these books and many others.