



Hazelwick School

Newsletter

April 2025

Dates for your Diary:

Thu 1st May:
Year 12 Parents'/Carers'
Evening

Sat 3rd & Sun 4th May:
Year 9 DofE Bronze Practice
Expedition

Mon 5th May:
May Day Bank Holiday

Wed 7th May:
Year 9 Parents'/Carers'
Evening

Thu 8th May:
GCSE exams start

Sat 10th to Mon 12th May:
Year 10 Silver Practice
Expedition

Mon 12th May
A level exams start

Mon 12th to Fri 16th May:
Year 7 Exams

Mon 26th to Fri 30th May:
Half Term
Return 2nd June, Week 1

Headlines

Ms A Fearon, Headteacher

Team Unity for Orange comprising Kiki Chen, Shreya Yelamarthi, Danial Azam, Matthew Fong, Joshua Bontemps and Sofia Amin, were chosen to represent Hazelwick School for the St Catherine's Hospice Youth Enterprise Challenge with the aim of raising as much money as possible over 11 weeks.

During this period, they organised a wide range of events for the students at Hazelwick such as bake sales, hot chocolate stand, car wash, culture day, fun run and more.

The Sixth Form Culture Day was a great event, reflecting the diverse nature of our school. It was lovely to see all the different cultural dress and watch the fabulous performances. The Fun Run was another fantastic event with over 300 students getting involved in raising money and joining in with the run on the day!

The team have done a fantastic job which they couldn't have achieved without the help and support of our wonderful staff, students and their families!



The Youth Enterprise Awards evening took place on Thursday 24th April. The team gave a fantastic presentation highlighting all their incredible hard work over the last 11 weeks! Awards were made in a number of categories; the most prestigious being the award for the most amount fundraised. I am delighted to report that, for the thirteenth year running Hazelwick won this award as well as the award for pound per pupil, raising an incredible total of **£8072.56** (inclusive of Gift Aid). This is a truly amazing result; their target was £1500, so to exceed that by over £6,500 is phenomenal. The students have worked incredibly hard showing total dedication and commitment to raising as much money as they could. The total raised by the 9 schools participating in the Youth Challenge was **£28,215.19**.



We are immensely proud of these students; they are an absolute credit to our school and deserve every praise for their incredible efforts.

Congratulations!

Good luck to students taking exams

Our students in Years 11 and 13 are hard at work revising for their examinations. I want to express my thanks and appreciation to the many teachers who give so much of their time supporting students in a wide variety of ways; preparing and delivering revision sessions at lunchtime and after school, marking past papers and offering advice on revision skills and techniques. Please keep watching out for details about planned revision sessions. I send every good wish to students taking examinations this summer. I sincerely hope that all students achieve the grades that they deserve, and that the results they gain reflect the hard work and effort that they put into their studies and revision.

All good wishes

All good wishes



News, Events & Activities from the Child Development Department...

Child development students can experience a weekend with our reality babies who need to be cared for by feeding, burping, nappy changing or given a cuddle. When they return to school a simulation report is produced giving a performance overview.



Ketsia Marie - 10NJE



News, Events & Activities from the Food Technology Department...

Cooking Club students enjoyed making Easter cupcakes.



Jasmin Moreira-Pushman - 8DLO



News, Events & Activities from the Design Technology Department...

YEAR 7

Year 7 students have been working on a Trinket box project. A trinket box is a small container that is used to store small items such as jewelry, keepsakes, and other small items.

This project provides them with the opportunity to develop their knowledge and skill in working safely with various tools, materials, and technology.

Utilizing the customer design brief and selected customer profile they successfully developed and implemented their design ideas using computer software and various hand and power tools such as Tech Soft, try square, tenon saw, disc sander, pillar drill and laser cutter.



News, Events & Activities from the MFL Department...

¡Enhorabuena! Celebrating Our Talented Linguists at the South East Regional Final of the Spanish Spelling Bee

We are absolutely thrilled to share the fantastic achievements of our students at the 2025 *Routes into Languages Foreign Language Spelling Bee*, held at the University of Southampton on Thursday, 20th March. This prestigious event brought together the top 38 young linguists from an initial cohort of nearly 3,000 pupils across the South East – a phenomenal accomplishment in itself!

Our school was proudly represented by three outstanding Year 7 students: **Mikail Khan**, **Amelie Johnson**, and **Nayonika Sujitkumar**. Each of them demonstrated incredible dedication, resilience, and linguistic flair as they competed live on stage – translating and spelling Spanish words under time pressure with great poise.

The competition was a vibrant celebration of language learning, with participants from ten schools across the region showcasing their command of French, German, and Spanish. Each student had just one minute to translate and spell aloud as many words as possible from a list of 200 – a task requiring speed, accuracy, and nerves of steel!

We are absolutely delighted to announce that our very own **Nayonika Sujitkumar** achieved an outstanding **3rd place** and has qualified for the **National Final**, which will be

held at the University of Cambridge on Friday 27th June. What an incredible achievement – ¡Felicidades, Nayonika! We are so proud and cannot wait to support you as you prepare for the next stage.

The Spelling Bee is far more than a competition – it is a celebration of language, perseverance, and a deep love of learning. As Dr Jane Lavery, Associate Professor in Latin American Studies at the University of Southampton, commented:

“It’s an absolute pleasure to support and so encouraging to see so many talented young linguists. The Spelling Bee is a real shining beacon for languages.”

Learning languages not only opens doors to other cultures, but also brings proven cognitive, social, and even health benefits. As Sarah Schechter, Director of Routes into Languages East, reminds us:

“There are huge benefits to learning languages that extend far beyond their practical uses. It is very encouraging to see such enthusiastic participation across the country.”

Here at Hazelwick, we are passionate about promoting languages and are excited to build on this success. In the next academic year, the **Spanish Department will be introducing the Translation Bee for Year 8 students** – a dynamic competition that focuses on verb conjugation and sentence structure, building on the core skills of vocabulary and pronunciation developed through the Spelling Bee.

A heartfelt thank you goes to the University of Southampton for hosting such an inspiring event, and to all the lecturers, judges, and student volunteers who made it such a memorable day for our budding linguists.

To all our finalists – **we are incredibly proud of you**. Your passion and perseverance are an inspiration to us all, and a shining example of the joy and value of learning another language.

¡Vamos, equipo! - Ms Garcia





Book Buddies Reading Group Spring 2025...



During the Spring term, some of our fantastic Year 7 and amazing Year 12 Reading Ambassadors met weekly to enjoy reading and being together.

New friendships were formed amidst the joy of reading.

The students also enjoyed a celebration breakfast together at school before travelling to Crawley Library for an informative and fun time finding out what happens behind the scenes and about library career path opportunities.

A huge thank you to all the brilliant students who took part and to all the staff who made it happen.

Special thanks to Mrs Thornton and Mrs Donnelly – without whom the group would not have been possible, to Ms Fearon for supporting the group so amazingly and to Mr Baigent-Scales for so kindly facilitating the trip.

May your love of reading continue to grow!

Mrs Stewart





Hazelwick Clothes Swap...

Hazelwick held its first ever clothes swap on 2nd April 2025. The event was well attended and great fun. It was organised by several sixth formers:

Chloe Byrne, Alice Cox, Harmony Stephens, Kirsten Goodbourn, Celine Chang, Niamh Lesova, Samuel Davis and Charlie Gasson. They hope to organise another clothes swap in the future.

Reusing and recycling clothes is important. On average, 700,000 tons of used clothing from the UK each year gets exported overseas and 2.5 million tons of clothing are recycled. But, over three million tons are incinerated, and a staggering 10 million tons get sent to landfills, poisoning our air and land for future generations. Sadly, the consumption of clothes is increasing. We purchase five times the amount of clothing people had in the 1980s. There is already enough clothing on the planet to dress the next six generations.

How can you help the planet? Recycle clothes.

Ms Frampton



BUY. SELL. DISCOVER.

Online

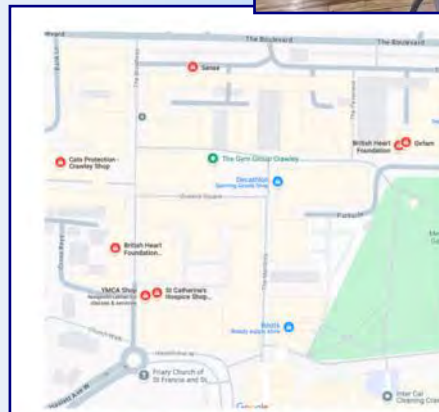
- Ebay
- Facebook marketplace
- Swappa
- Etsy
- Gumtree
- Vinted
- Depop
- Shpock
- Mystery jars/ bags

In real life

- Charity shops
- Markets
- Pop-ups
- Car boot sale
- Jumble sales
- Fairs
- Auctioning
- Thrifting





There are 7 charity shops in town center alone!



Here are some car boot-sales in Crawley's radius

STEM News...

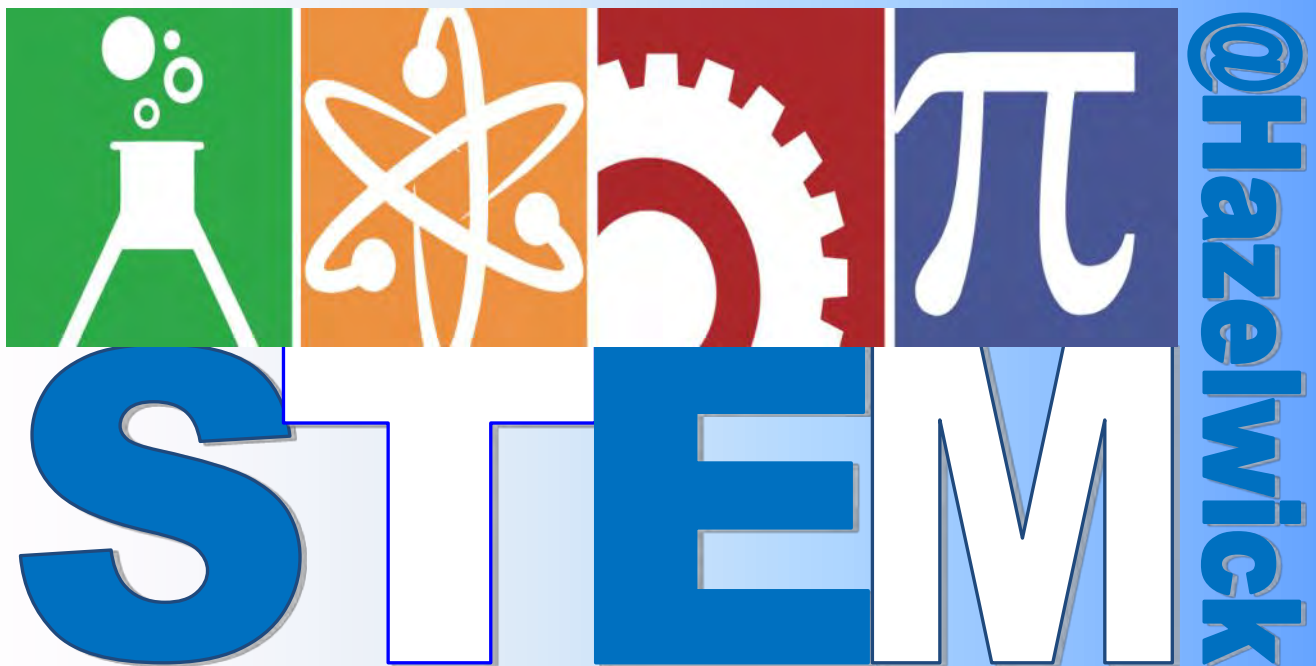
IET Faraday® Challenge Day

At the end of March two teams of Year 8 students participated at an IET Faraday Challenge Day held at the Gatwick STEM Centre. The IET Faraday® Challenge is an annual competition of STEM activity days, which are designed to be cross curricular and cover hands on activities spanning science, technology, engineering and maths.

As the competition is still current it is not possible to share full details of the challenge. However, in brief, the teams were challenged to design and build a battery powered device. Teams were given a budget and were able to 'purchase' construction, electronic and other parts from a shop. They also had to consider the battery life of their device, replacement of batteries and potential for using renewable resources to improve longevity of the device.

Both the Hazelwick teams performed brilliantly on the day and developed new skills along the way. They presented their ideas very professionally and their prototypes were well received. Unfortunately, neither team was able to progress to the national finals, but all enjoyed the experience.





STEM stands for Science, Technology, Engineering and Maths and influences almost all of the subjects in school. Look out for activities already being run in Maths, DT, ICT, and Science.

STEM Project Club

KS3/4 after school STEM Project Club takes place on Mondays, 3:15pm to 4:15pm in Room 97

This is an opportunity to work on STEM activities and projects that link Science, Technology, Engineering and Maths together along with design skills and creativity.

Previously Hazelwick students have been successful in exhibiting at The Big Bang Fair and have won prizes for their projects.

If you want to come along speak to Mr Chapman or email him:
tchapman@hazelwick.org.uk

Youth Question Time trip to The Hawth...

On Monday 24th March, I took a group of Year 10 students to an event at the Hawth run by the Crawley Young Person's Council. There were four workshops aimed at young people including coping with mental health and wellbeing, peer pressure, knife crime and online safety including sextortion.



At the end of the day there was a Youth Question Time session, run in a similar style to the Question Time programme on the BBC. Students were able to question a West Sussex County Council online safety expert, police officer, local councillor and youth workers involved in mental health and knife crime prevention.

Hazelwick Students asked a number of mature and challenging questions to the panellists. The Crawley Young Person's Council, which has several Hazelwick School members, ran a thoroughly engaging and enjoyable event!

Mr Harman



Year 12 Visit from St Georges Medical School...

At the end of March, we were delighted to welcome Jack Wands from St Georges, University of London, Medical School. Jack spent over an hour with 20, Year 12 students hoping to apply for medical degree courses next year.

He discussed the admissions test process and importantly, strategies on how best to prepare for the UCAT.

We will continue to support our Year 12 prospective medics on their journey in applying for these exceptionally competitive courses.

Dr Owen – Aspire Coordinator





House News...

House Points Table April 2025

The winning house is ...



Winton
50,376 points!



2nd place – Seacole
50,062 points



3rd place – Turing
46,575 points



4th place – Equiano
43,307 points



5th place – Duleep-Singh
40,881 points



6th place – Fry
40,067 points

Winton House have done very well to maintain their leading position, but Seacole House is hot on their heels! Remember you gain House points by participating in House events and also by earning your achievement points in lessons – every point helps!

Just before the Easter break all year groups had the opportunity to take part in a quiz to celebrate International Women's Day. With points awarded for participation each House achieved the following results:

Seacole	700 points	Equiano	450 points	Fry	250 points
Winton	600 points	Duleep Singh	300 points	Turing	100 points

Upcoming events to look out for in May:

The annual Great Hazelwick Bake Off will be taking place next month on Thursday 1st May and is open to students from Years 7-13. We look forward to seeing the amazing signature bakes created by our students, just remember no nuts are allowed in any of the bakes!

The Cube will see Years 9 and 10 compete in a series of physical challenges testing their speed, accuracy and teamwork.

Years 9, 10 and 12 will have the opportunity to showcase their favourite furry friends with a Pet Photography Competition.

Years 7, 8 and 9 will have to do their best to balance biscuits in a delicious competition run by Mrs Stapleton.

Lip Sync Battles for Years 7 and 8 will test their musicality and performance skills.

Come and give one of these events a go and join the fun!

Mrs Podsiadly
Senior Head of House



Careers Café...

In this section of the newsletter, we bring students, parents and carers information on careers and the world of work.

What's Next Sussex – 22nd May 2025

West Sussex, Brighton & Hove Careers Hub are delighted to confirm that the What Next Sussex free, online broadcast is back for 2025 with lots of new content and expert advice and guidance to support learners to take their next steps post-16.

What Next Sussex 2025 will be taking place on Thursday, 22nd May and will be broadcast from 18:00-19:00pm for students and their parents/carers/families.

A valuable opportunity for Year 10/11 students to meet employers, chat with careers experts and colleges, sixth forms, universities, and training and apprenticeship providers. 60 minutes of impartial careers guidance that can be accessed during the evening session with parents/carers/families.

This event is targeted at Year 10/11 students but students in Year 12 will also find it beneficial.

For more information go to [What Next Sussex - Get Career Confident](#) or scan the QR code below.



WHAT NEXT SUSSEX is back for 2025!

Are you a young person choosing what to do after their GCSEs, or a parent/ carer or teacher?

Then join us in a live online event packed full of information and advice so you, or someone you are supporting, can make informed choices.

The event will have:

- A chance to chat to colleges, universities, apprenticeship providers, employers and careers advisors across Sussex through Live typed Chat
- Up to date video content about the different pathways available after GCSE, including for young people with SEND
- Info for parents and carers



To register your interest in attending, please scan the QR code

To accompany this event, we are delighted to share the What Next? In West Sussex, Brighton & Hove LMI resource: [What Next? - West Sussex, Brighton & Hove | PDF to Flipbook](#).

This guide provides impartial key information to support with post-16 transition into education, employment, and training.





Careers Café Continued...

STEM in the Park is back - Saturday 17th May

Building on the success of last year's event, which drew an impressive crowd of around 4,000 visitors, STEM in the Park is back! Mark your calendar for Saturday 17th May 2025, when Crawley's Memorial Gardens will once again host this much-loved annual celebration of all things STEM (Science, Technology, Engineering, and Maths).

STEM in the Park is all about sparking curiosity and excitement in young minds, encouraging them to explore the fascinating world of STEM. By showcasing how engaging and rewarding careers in STEM can be, this event aims to plant the seeds of inspiration early, igniting a lifelong passion for discovery and innovation.

Supported by local employers, Higher Education Institutions, colleges, professional bodies, STEM communicators, and educators, this free, family-friendly STEM festival offers an action-packed day filled with interactive activities and exhibits to inspire curiosity and creativity.

The event is supported by Crawley Borough Council and London Gatwick and delivered by The STEM Hub.

For more information go to: [STEM In The Park](https://www.thestemhub.org.uk/stem-in-the-park)

STEM! In The Park
SCIENCE TECHNOLOGY ENGINEERING MATHEMATICS

Saturday 17 May 2025
11am-4pm | Memorial Gardens, Crawley

Drop in and discover a FREE Family STEM Adventure!

Meet STEM experts.
Get hands-on with local businesses and explore your future in STEM.

[thestemhub.org.uk/stem-in-the-park](https://www.thestemhub.org.uk/stem-in-the-park)

- Test Your Skills: Fly a Drone
- Space Talks: Lift-Off Every Hour
- Step Aboard the Hydrogen and STEM Buses
- Explore Artificial Intelligence, Plant Health, Thermal Imaging & More with the University of Sussex
- Experience Careers Behind the Scenes at London Gatwick
- Engaging STEM Displays for all ages

Explore more STEM activities at Crawley College



Careers Café Continued...

Choices Magazine

Is your child considering an apprenticeship as their next step? Choices magazine is the ultimate parent and carer guide to apprenticeships and technical education! It is completely free of charge – find this month's edition here: amapps.uk/parent-magazine and sign up to receive it each month, direct to your inbox: amapps.uk/choices

Amazing Apprenticeships' Parent and Carer zone is also a great place to explore apprenticeships and technical education: amazingapprenticeships.com/zones/parent/

CHOICES MAGAZINE

The monthly parent and carer guide to apprenticeships and technical education

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Mrs Andrews

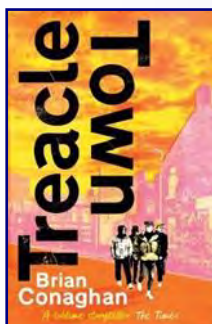


Read On!

With the coming of Spring comes the book award shortlists season in the publishing world, and I have featured the novels that have made the Carnegie Medal for Writing for this year. I have also shared the links to the shortlists for both the UK Literacy Association and the Women's Prize for Non-Fiction. Many thanks to Mrs Stapleton for guest reviewing the science fiction novel 'Project Hail Mary', by Andy Weir.



The Carnegie Medal for Writing is the longest running children's book award and is chosen by children's librarians. The award is presented to the author 'for an outstanding book written in English for children and young people.' The shortlist of eight titles was announced on the 11th March and I thought it would be useful to share a synopsis for each novel.



Treacle Town by Brian Conaghan

This is a hard-hitting novel with a central character, named Con, who is desperate to escape the gang violence and sectarian vendetta that encompasses his daily life. When Con discovers slam poetry, he sees a glimmer of hope for a happier life. Escaping his Treacle Town will not be easy. As the novel contains strong conversational swearing, scenes of violence and drug-taking throughout, I would suggest that the book is aimed at older teens, Years 11 and above.



The Things We Leave Behind by Clare Furniss

Life in the city becomes unsafe for Clem and his half-sister Billie, due to the civil unrest taking place in response to the authoritarian regime. They decide to make the perilous journey to Scotland, taking just a notebook with them. This notebook contains memories and stories from home. Is Clem keeping something from Billie and how will both their journeys end? Please note that the novel contains strong language and makes references to drinking. Aimed at secondary-aged children, whilst harrowing in places, this is balanced with a sense of hope and believable characters.

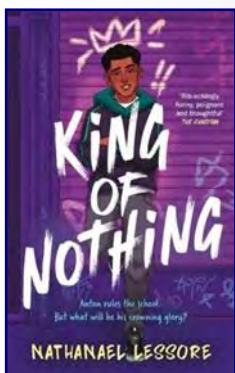


The Final Year by Matt Goodfellow

At my last count, this verse novel has been shortlisted for six different book awards, and is my tip to take the top prize. I am sure this title will appear on primary school reading set text lists, due to the themes of self-esteem, friendships, bullying and hope. The relatable central character Nate's world is turned upside down when he and his best friend are placed into different Year 6 classes. Making Nate's life more complicated is that his best friend has teamed up with the school bully. When Nate's brother becomes poorly, Nate's home life becomes just as complicated as his school life. Nate's teacher, Mr Joshua (who reminded me of Roald Dahl's Miss Honey) tries to help Nate but will this stop the anger working inside him?

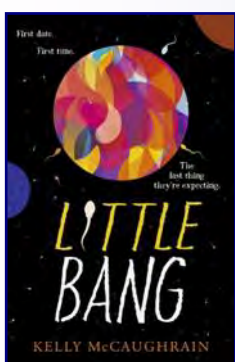


Read On Continued....



King of Nothing by Nathanael Lessore

This is my second tip to win, as this novel has already won the Waterstone's Children's Book Prize (Older Fiction) 2025 and has also been shortlisted for the Peters Children's Book of the Year Teen Fiction 2024. This is the tale of an unlikely friendship which readers will find heartwarming. When Anton's mum decides to send him to a local activity group, Anton is mortified. However, Anton befriends Matthew, who has saved his life, and Anton begins to question what is and is not truly important in life. I love the gentle humour of this story and think the themes and issues raised will appeal to our Key Stage 3 students.



Little Bang by Kelly McCaughrain

Set in 2018, this is the tale of sixteen-year-old Mel who becomes pregnant by her boyfriend, Sid, on their first date. The different views of their parents strain the couple's relationship. As Mel lives in Northern Ireland, she must travel to the UK if she decides to have an abortion. Mel feels overwhelmed and alone, knowing that she has a difficult decision to make. Written for older teens, the author has a delicate touch with her writing that balances the decision that Mel must make in a tone that young people can relate to.



Glasgow Boys by Margaret McDonald

A moving love story that packs a punch, McDonald's novel has also been shortlisted for several book awards. 18-year-old Finlay is struggling with his nursing degree as he has come straight from the care system. He has no family or friendship group support network to call upon. 17-year-old Banjo is struggling too, as settling in with his new foster family is proving difficult. He is also trying to balance his schoolwork whilst holding down a job. Fear and anger turn to rage, which threatens a future that is already uncertain. Finlay and Banjo both lived in the same care home three years previously and they discover that they need to learn about forgiveness. Aimed at Key Stage 4/5 students, the novel contains very strong language throughout, which is in context with the story. There are scenes of violence, including child abuse and a suicide attempt, but these issues are central to the plot.



All That It Ever Meant by Blessing Musariri

I am not sure that the cover reflects the spooky element that underpins this story that is aimed at Key Stage 4 students. When Mati and her family travel to Zimbabwe, they must confront the complicated family relationships that have developed since the loss of Mati's mother. Joining them on the trip is Meticais, that only Mati can see and chat to. Meticais guidance helps Mati come to terms with her grief, and to balance her life between her two cultures. Just who or what is Meticais? Are they an imaginary friend, a ghost or a visitor from the spirit world? This is a compelling read from a writer who has their own voice.



Read On Continued....



Play by Luke Palmer

The use of multiple narratives works so well in this novel that follows four boys growing up. The book explores the themes of masculinity and identity with the plot that involves one of the boys making a mistake. This novel feels timely with toxic male culture among boys being discussed, following the release of the Netflix programme 'Adolescence'. The book is hard-hitting and does feature drug-taking and dealing, county lines issues, homophobia, sexism and misogyny. The theme of poverty is examined, and includes assault, blackmail and kidnapping. The author is excellent at writing dialogue for his different characters that feels both realistic and believable. I would suggest that due to content and theme, the book is aimed at Key Stage 4 readers.

I have shared the link to the website for both the Carnegie Medal for Writing and the 2025 Carnegie Medal for Illustration shortlists: <https://carnegies.co.uk/2025-shortlists-announced/>

UKLA
UK LITERACY ASSOCIATION

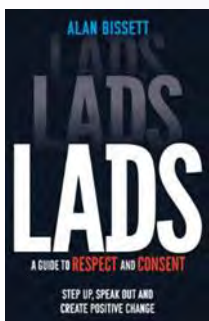
The UK Literacy Association have also announced their shortlist for 2025 and I have included the link to the full list of titles. This is the children's award that is chosen by teachers and aims to 'celebrate children's books in order to encourage teachers to increase their professional and personal knowledge of recently published high quality children's books and promote the place of books for young people in all educational settings from nursery to key stage 4.' <https://ukla.org/ukla-book-awards-2025-shortlist/>



The Women's Prize for Non-Fiction was introduced last year and 'promotes excellence in writing, robust research, original narrative voices and accessibility, showcasing women's expertise across a range of fields.' The link below will take you to a video introduced by the Chair of Judges, giving information about each of the six shortlisted titles. Details about the books that made the longlist are at the bottom of the webpage, with an explanation of the judging process and award overview.

<https://www.womensprize.com/prizes/womens-prize-for-non-fiction/>

My book recommendation



Lads: A Guide to Respect and Consent by Alan Bissett

I wanted to recommend this non-fiction title to you, in light of the discussions about male culture. The author has created a toolkit for young teen males and does not shy away from the difficult issues surrounding misogynistic behaviour. This includes discussions around consent, pornography, relationships and suicide. The author strikes that delicate balance between presenting information and advice, without 'talking down' to readers. A 'must read' for both young people and adults alike.

Keep reading!

Mrs Thornton BA (Hons) MCLIP
School Librarian



Read On Continued...

Guest Reviewer

Our guest reviewer this month is: Mrs Stapleton

Book Title: Project Hail Mary

Author: Andy Weir



Over the festive period last year, I had the privilege of reading Project Hail Mary by Andy Weir. It was during the slightly odd period of time after Christmas but before the new year when time doesn't quite seem real. I wanted a book that would reflect that sense of mismatch – and found it in this book.

Project Hail Mary is story about Ryland Grace, the sole survivor of a space mission designed to save earth. If he fails humanity also fails. However, as the book opens – our main character doesn't even remember his name, let alone the mission or how we will complete it. All he does know is he is millions of miles away from earth, he can't get in contact with anyone back home and everyone who could have helped him – is dead. He needs to complete the mission alone no matter what, but he might not be as alone as he thinks.

What do I think about the book?

I thoroughly enjoyed this book. I read a review that described this book as 'half science experiments and half wacky buddy comedy' and I think this covers the essence of the story so well. This is a book full of twists and turns that kept me guessing. It is ultimately a story of first contact between humans an aliens and the consequences of that.

This story features an incredibly small cast of characters – our protagonist, our extraterrestrial life but also others such as his crew mates as this story zips between time periods – before the mission and then back to the present day as Ryland Grace uncovers his memories. This is a story about survival and what would you do in the face of disaster.

As well, as someone who is not a natural scientist – the science in this book is very accessible and understandable. It really added to the story and made it feel so much more real. The humour in this story was a surprise especially considering the subject matter but it really enhanced the overall reading experience.

As a Sociology teacher, I love investigating new communities and societies and the ship definitely feels like its own society with norms and values, especially as Ryland Grace starts to interact with this literally alien species.

Who would enjoy the book?

I think fans of Sci-Fi novels – especially those that focus on outer space and extraterrestrial life would really enjoy this story. Especially if you are someone who loves to consume stories about secret missions, disasters and being resilient in the face of catastrophe.

For those who have read the book The Martian also written by Andy Weir or seen the movie of the story and enjoyed it. This book has the same level of humour but also desperation.





Sport...

Alice Cox and her team shine at the English Schools Cross Country

Alice Cox in Year 12 recently competed at the English Schools Cross Country as part of the Sussex Schools team. This year the event took place in Ardingly and Alice finished 63rd out of 302 runners. In addition to this fabulous achievement, the senior girls' team (which included Alice) won team Gold!!

Well done, Alice!

We look forward to following your success on the track this summer.

Mrs Reynolds



Talented Athlete Programme (TAP) Challenge Workshop – Tuesday 1st April

The students who make up the TAP need to regularly face personal challenge in order to progress within their sports. Also participating in this workshop were some of the 'Aspire' TAP students. The challenge for the students was to 'have a go' at Parkour. Parkour is the art of free-running, navigating your environment as a series of obstacles.

'Traversal' is an indoor Parkour space in Crawley designed to train individuals to be able to safely practice Parkour. Led by an instructor, the students rolled, hung and swung, climbed along, over, on top of and off of. They were really challenged physically and mentally.

I hope the students take and use the mindset of meeting a new challenge in their own sports to work to achieve their personal goals.

Well done, you were all fantastic!
Mrs McHugh





Sport Continued...

Fantastic Sports Leaders!

Some of our fabulous Year 10 sports leaders recently travelled to East Grinstead Hockey Club to help with the County Primary Quicksticks finals. During the afternoon, they helped with umpiring, scoring and general organisation. Their leadership skills are developing really well and the feedback we had was fantastic. Well done Year 10!

Pictured are: Mia Cottee, Nicole Thompson, Daniel Bugg, Indiah Taylor, Antonia Davies, Kumba Jabbi, Callie Goodbourn, Gracie Baines, Leiana Trinidad, Abdelmalek Aliane, Patrick Orozco, Jack Ward and Kian McDonnell.

Mrs Reynolds



Success at the Sussex Schools Golf Championship

Congratulations to Kade Fullarton and Freddie Hopkins, who proudly represented the school at the Sussex Schools Golf Championship held at Chartham Park.

Freddie delivered an impressive performance, shooting a round of 87 to secure the silver medal in the net competition. Kade also performed strongly, finishing just outside the medals with a solid round of 80.

Both students are competing at a high level and currently represent Sussex - Freddie at U14 level and Kade at U16. Kade has also recently demonstrated his growing national presence, finishing an outstanding 17th out of 90 in a U16 England competition.

Well done to both golfers on their continued success!

Mr Bagnall





HAZELWICK SCHOOL SPORTS CLUBS

SUMMER TERM
2025



Monday

Fitness club
Year 11 & Year 9 Girls
North changing room
Miss Calthorpe

Wednesday

Athletics
Track and field
All years
North changing room
PE staff

Tuesday

Fitness club
Year 9 & 10
North changing room
Mr O'Brien

Rounders
Year 7 - 10
North changing room
Miss Oxby/Mrs McHugh

GCSE PE Catch up/Booster
North PE office
Mrs McHugh

District Rounders fixtures
Check fixtures calendar

District Cricket fixtures
Check fixtures calendar

Thursday

Recreational cricket
Year 7-10
North changing rooms
Mr Agnihotri/Mr Goodwin

Girls Cricket
All years
North changing rooms
Miss Calthorpe

District Rounders fixtures
Check fixtures calendar

District Cricket fixtures
Check fixtures calendar

To view Crawley district fixtures and leagues visit
www.crawleyschoolspe.leaguerepublic.com

Friday

Sixth form sports
Astro, Fitness suite and Sports Hall
Sports kit and appropriate footwear required

Summer term: Athletics dates for the diary

Wednesday 7 May: North Sussex Area trials - K2
Thursday 22 May: Inters mixed friendly - K2
Thursday 5 June: Boys friendly - K2
Wednesday 11 June: Year 7&8 super6 competition - ICC
Thursday 12 June: Girls friendly - K2
Tuesday 24 June: Juniors mixed competition - St Wilfrid's
Tuesday 1 July: Town sports - K2

Summer term: Dates for the diary

Sports day - Year 10 - Wednesday 25 June (am)
Sports day - Year 9 - Wednesday 25 June (pm)
Sports day - Year 8 - Thursday 26 June (am)
Sports day - Year 7 - Thursday 26 June (pm)



After school clubs run from 3:00-4:15 unless stated.
Clubs are free to attend. Students can just show up.
Students should bring their PE kit and appropriate footwear.
For fitness club all students must have completed the Par-Q available from the PE office.
Once complete, they will then complete an induction.





News from the Road Safety Officer at West Sussex County Council...



With a lack of funding preventing us from delivering as much Road Safety as we would like to, we have had to find alternative methods to educate our residents and keep them informed with Road Safety-related topics.

One way we try to achieve this is via our Road Safety Facebook page, which has now been running for approximately 3 years. Unfortunately, our following remains low and therefore to increase the reach to our page, we need to promote it as far and wide in the county as possible.

Below is the link to our Road Safety page:

https://www.facebook.com/RoadSafetyWSCC/?locale=en_GB

All ages can benefit from the information we post, which in turn could help to make your children's journeys to and from school, safer, healthier, and overall easier for everyone.

Julie Finn
Road Safety Officer at West Sussex County Council.

Catering news from Innovate...

StreetVibes: Made Your Way!

Lunchtimes just got an upgrade! Our refreshed **StreetVibes** menu is simpler, customisable, and packed with flavour

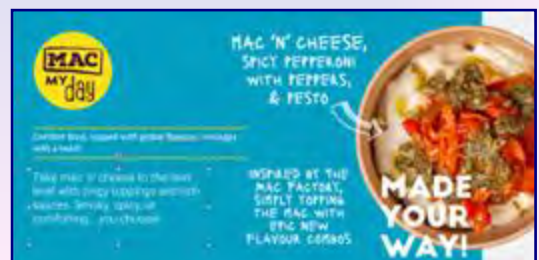
This term's rotating concepts: Spud King, Wok Pot and Caribbean Kitchen

Look out for your favourites: Each concept takes it in turn to pop up for a week and is served from Tuesday to Thursday

How it works:

- CHOOSE IT** – Pick your base
- ADD IT** – Select your protein
- TOP IT** – Customise with toppings and sauces
- Vegan options available!**
- See you at lunch!**

More information can be found on the school website





Spotlight on Safeguarding...

For your information this month, via the Newsletter, we are raising awareness of the topic of substance misuse and the increase in the use of ketamine amongst young people.

When looking beyond the news headlines about drug use and young people, it is clear that substance misuse is relatively low amongst school aged children. According to a survey by NHS Digital, drug use amongst school aged children aged 11-15 had dropped by 12% in 2021 after several years of increases. The number of children smoking cigarettes also dropped by 5%, although vaping usage had increased by 6%. While vaping is safer than tobacco smoking, it does not come without risk, and the long-term risks are unknown. However, since 2021, there has been a worrying increase of substance misuse amongst some young people including new drug trends. The Mix, a youth charity, conducted a survey in 2022 and found that there has been a post pandemic increase in drug use amongst young people, particularly those who are wanting to escape problems in their lives, including mental health issues, and turn to drug use.



There has been a significant increase in the illegal use of the drug ketamine, which is commonly known as a horse tranquiliser, and it is also used with humans as an anaesthetic in hospitals and to treat depression. According to government figures, ketamine use amongst the under 25 age group has more than tripled since 2016 and a study for NHS England found ketamine use among schoolchildren doubled from 0.4% in 2013 to 0.9% in 2023. The Class B drug, known by its street name "Special K," comes in either a powder or liquid form and when used recreationally it is considered to be a party drug due to its hallucinogenic effects. Other effects include a loss of memory, being confused, and feeling numb. Users can go into what is called a "k-hole" where a person loses the ability to move and it can feel like the mind and body are separated, which can be a scary experience. When someone is addicted it can lead to bladder damage which is irreversible with some people needing their bladder removed. The death of Friend's actor Matthew Perry of a ketamine overdose brought worldwide attention to concerns of the rise in the use of the drug. Some hospital urology departments have set up specialist clinics to help the increasing number of young people with bladder issues due to the abuse of ketamine.

There are a number of sources of support for parents and carers to help inform you of the dangers of ketamine. The following is advice from Wendy Teasdill - [BBC Radio 4 - Woman's Hour - Ketamine: What parents need to know](#) **1) Don't assume that your child will not take ketamine** – don't rule out your own young person because any of them can take it. **2) Accessing ketamine is easier than you think** - children can access the dark web through their phones and obtain the drug that way or through a friend or a friend of a friend. **3) Ketamine and alcohol don't mix** - Teasdill's own daughter died at a festival after mixing both. Mixing any hallucinogen (ketamine) with a depressant (alcohol) makes it harder to judge the effect each drug is having. **4) Ketamine has no visible signs** – unlike other drugs, there is no smell to detect the drugs and there won't be visible signs like a child having bloodshot eyes. **5) Keep talking to your child** – With young people if you say don't do something, they are like let's try it. Don't talk to them as if they are stupid, talk to them with information, ask questions and let them lead.

Where to get further information and support:

Where to get further information and support:

Talk to Frank

[Ketamine | Effects of Ketamine | FRANK](#)

Childline

[Drugs | Childline](#)



West Sussex  mind

Parenting Peer Support Drop-ins Spring/Summer Timetable



If you are a parent or carer to a child or young person who needs some support with their mental health, you may not know where to start and may need some support of your own.

We at West Sussex Mind know how vital it is for people to talk and share their experiences, so we have started Peer Support drop-ins across the county, where you can meet our Parenting Team and other parents who can provide some much needed empathy and understanding.

Online parenting support drop-ins:

Zoom

10:00-11:00

- Tuesday 6th May
- Tuesday 17th June
- Tuesday 29th July
- Tuesday 26th August
- Tuesday 30th Sep

Zoom link: [https://westsussexmind-org.zoom.us/j/86924376726?](https://westsussexmind-org.zoom.us/j/86924376726?pwd=HQBikjoY8NQbmEPD8YtpbytTXp4XOy.1)

[pwd=HQBikjoY8NQbmEPD8YtpbytTXp4XOy.1](https://westsussexmind-org.zoom.us/j/86924376726?pwd=HQBikjoY8NQbmEPD8YtpbytTXp4XOy.1)

Please feel free to drop-in where we can chat and get you registered with the service.

Or to register yourself, please call our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652

or email helppoint@westsussexmind.org

Or for more information, please contact parentingsupport@westsussexmind.org

Come and join us in:

Worthing

The Gateway, 8-10 Durrington Lane, BN13 2QG
13:00 - 14:00

- Tuesday 18th March
- Tuesday 29th April
- Thursday 29th May
- Tuesday 15th July
- Tuesday 2nd September
- Tuesday 14th October
- Tuesday 25th November

Littlehampton

23 Maltravers Drive, BN17 5EY
13:30-14:30

- Wednesday 23rd April
- Wednesday 4th June
- Wednesday 16th July
- Wednesday 27th August
- Wednesday 8th October

Crawley

Bewbush Family Centre, Dorsten Square,
RH11 8XW

10.00-11.00

- Tuesday 15th April
- Tuesday 27th May
- Tuesday 5th August
- Tuesday 23rd September
- Tuesday 4th November

Please note, due to the sensitivity of our discussions, we ask that you attend without your child/young person.



Parenting Support Service - online groups 2025; every other Wednesday evening



Peer support groups
7:30-9.00pm

Expert by Experience presentations
7:30-9:30pm

- **Weds 2nd April**
- **Weds 30th April**
- **Weds 28th May**
- **Weds 25th June**
- **Weds 23rd July**
- **Weds 16th April - Supporting children/young people with anxiety**
- **Weds 14th May - Supporting children/young people who self harm**
- **Weds 11th June - Exploring attachment**
- **Weds 9th July - Supporting children/young people with Autism and ADHD**

To access the online peer support groups you need to have signed up to our service already. You can do this by calling our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email; helppoint@westsussexmind.org

We are a friendly group & up to you how much you share. Always a chance to ask our experts questions too.

To book onto any of our expert by experience presentations please visit our training page on; www.westsussexmind.org

West Sussex
Mind



PARENTING MENTAL HEALTH SERVICE

OUR SERVICE IS OPEN TO ANY PARENT OR CARER WHO IS SUPPORTING A CHILD OR YOUNG PERSON BETWEEN THE AGES OF FIVE AND 18 LIVING IN WEST SUSSEX.

WE SUPPORT YOU TO HELP YOU SUPPORT YOUR CHILD OR YOUNG PERSON WITH THEIR MENTAL HEALTH.

WHAT WE OFFER:

- PEER SUPPORT GROUPS- BOTH DURING THE DAY (IN PERSON) AND IN THE EVENING (ON-LINE)
- MONTHLY 'EXPERT BY EXPERIENCE' GUEST SPEAKER ZOOM EVENING SESSIONS, COVERING TOPICS SUCH AS SELF-HARM, EBSA, AUTISM AND MENTAL HEALTH, MASKING AND MORE...
- 1:1 SESSIONS WITH A PEER SUPPORT WORKER
- CLOSED FACEBOOK GROUP; REGULAR NEWSLETTERS AND ACCESS TO TRAINING, E-LEARNING AND WEBINARS (ON THE WEST SUSSEX MIND WEBSITE).
- PARENTING MENTAL HEALTH COURSES ACROSS WEST SUSSEX

TO SIGN UP, CONTACT OUR HELP POINT

MONDAY TO FRIDAY, 10AM UNTIL 4PM ON 0300 303 5652
OR EMAIL HELPPPOINT@WESTSUSSEXMIND.ORG
OR USE THE FORM ON OUR WEBSITE -
WWW.WESTSUSSEXMIND.ORG

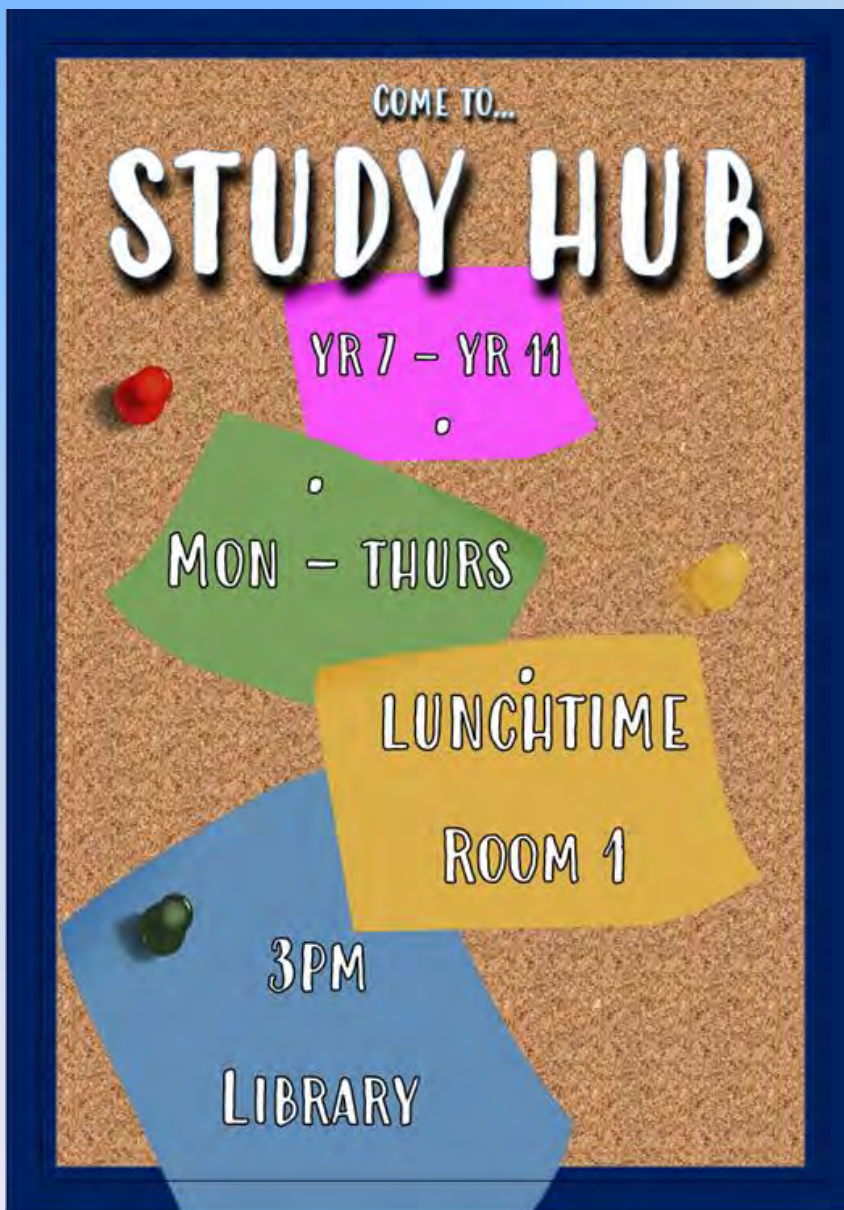


Insight - Parent Portal

Insight is a secure online system which allows parents/carers to access a range of data and information about their son/daughter. Once logged in, parents/carers can view information such as their child's timetable, session attendance, behaviour points and school reports.

If you have not accessed this yet and would like more information, please email insight@hazelwick.org.uk

Homework & Revision Clubs



Study Hub

Years 7-11

supervised study at
lunchtime and 3-4 pm
after school.

No need to book, simply
turn up when you need
help.

Sixth Form: Monday to Friday until 4.30pm – Supervised study in the Octagon.