

Dates for your Diary:

Mon 15th Feb – Fri 19th Feb:

Half-Term

Hazelwick School Newsletter

January 2021

Headlines

Ms A Fearon, Headteacher

May I start by sending my very best wishes to every member of the Hazelwick community in these unprecedented times. I want to thank the whole Hazelwick community – students, parents, carers and all staff at Hazelwick, for your efforts and your support. Despite all the difficulties, we are succeeding, as you will see in this newsletter, to provide a high-quality education for our students. This newsletter includes amazing examples of work that students have been undertaking in a wide variety of subjects. There is also information about activities that our Houses have been involved in, details of the first virtual cross-country competition organised for our locality primary schools, careers guidance and advice and, as always, some wonderful recommendations for enjoyable reading.

In spite of all the restrictions we are currently dealing with, we are continuing to learn new, effective ways of managing the day to day business of school life. Wednesday of this week saw the Year II parents'/carers' consultation evening, conducted remotely via the online platform, *schoolcloud*. This was immensely successful and enjoyable, enabling purposeful interaction, which we know to be so important in promoting and supporting student progress. A further example of this is our Year 8 options evening, which is normally conducted in school. This year we have produced an informative video to give guidance to students, parents and carers in making these important decisions at this key time in their educational journey. This can be found on the school website in the Teaching and Learning section under KS4 Guidance.

With students not returning until school until 8th March at the earliest, we will continue to do our utmost to support, encourage and motivate our students in all areas of their studies.

I would like to thank, once again, the many parents and carers who have sent in positive messages about the work that we continue to undertake as a school community. I must also congratulate our fantastic students who strive to do their very best in these challenging times.

Very best wishes to you all,

putteant

Spanish A Level

As we are currently unfortunately unable to enjoy theatre visits, on Wednesday 9th December the Year 13 Spanish A level class enjoyed a live streaming of their set text 'La Casa de Bernarda Alba' (The House of Bernarda Alba by Lorca). The performance was in Spanish with English subtitles which served as a useful revision aid. Questions were also allowed after the performance.

Whilst it was not quite the same as a trip to the theatre, it was a great opportunity to focus on the detail of the play and remind ourselves of some key quotations.

Ms Gratton





Dine in Geography Discussion for January

The Geography department have created a regular feature for the newsletter - 'Dine in Geography discussion.' The aim is to create geographical discussion around the dinner table between students and parents/carers, based on significant and topical issues.

This month's discussion question is Climate Change.



Menu Appetizer

Please watch this 5 minute video clip <u>https://www.bbc.co.uk/weather/features/55280683</u> (Climate check BBC - 11th December 2020) What changes did we see to the weather in 2020?

Starter

What is weather? How does it affect us?

Main

What were the main weather events in 2020?

Side

Why should this be a colder year?

Dessert

To what extent will climate change affect us in the future? Will the impacts be different for different groups of people or countries?

If you're still hungry for more discussion - What can we do to reduce climate change?

Ms. Frampton & Mr Salmon

Year 9 Music



9B performed a range of popular music at the end of the winter term.

From Oasis to Adele, students worked hard to achieve slick performances of their chosen song. Many students worked on instruments that were new to them and learnt how to play with professionalism and rigour.

What a great way to end the term. Well done 9B!

Mr Bayliss



On Thursday 11th February, there will be a virtual concert from our KS4 music students. This is a chance for students to perform the pieces/songs that they have been working on over the past term. The concert will culminate in a virtual performance project that our KS3 students have been working on.

The concert will be aired as an unlisted YouTube video, the link will be sent out to you a day in advance. I hope that you will be able to join us in celebrating the musical achievements of our students.

Mr Bayliss, Head of Music

Year 10 Sociology

The Year 10 Sociology class carried out some research independently on key theorists, and have studied and produced posters and leaflets as part of their revision!

Miss Stapleton

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News, Events & Activities Continued...

Year 9 Sociology











DBS AN



At the start of term, Year 9 Sociology students completed a free choice activity, creating a project based on a sociological theory or thinker of their choice.

Students produced some excellent projects including cakes, models, leaflets and collages. The Year 9 students should be proud of the knowledge and understanding they displayed in their creations.

Mrs Banbury



For the project I decided to make a clay model of a human body to describe the human body and its functions because functionalists compare the workings of the human body to the workings of society (the organic analogy)



Drama - Evacuees Research

The Year 7 Drama students would have been exploring a play about three young evacuee children in World War Two Britain this half term. When we heard that the first week of term would utilise home learning for KS3, the Drama Department set students the task of researching what it was like to be an evacuee, the kind of items the young children would take with them and the places they would be sent to. The students then turned their research into interesting PowerPoint presentations, leaflets and posters. Some truly exceptional students even went one step further...Marcus Harvey (7SRO) created a fantastic YouTube video with images and beautiful music. He recorded the voice over himself and showed excellent vocal skills of clarity, pace and a sympathetic tone of voice.





Billy Luxford (7SCO) also produced an outstanding video for his Drama evacuee research classwork. The information he researched was interesting for the viewer and the video was put together excellently with images and music. Billy himself presented the research with a very clear voice, excellent diction and pace and he was friendly and animated for the viewer.

George Frost and Tom Duncan (7SLA) who together produced an outstanding video for their Drama evacuee research classwork. The information they researched was interesting for the viewer and the video was put together excellently as a news report.





Food Preparation & Nutrition

At the end of last term our Year 10 GCSE Food Preparation & Nutrition students planned and prepared their own dishes.









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Our Year 7 and Year 8 Food & Nutrition students had the opportunity to bake biscuits in the food rooms before the festive break. Students were encouraged to decorate their biscuits in a festive theme or any other theme of their choice. We had some beautifully decorated biscuits. Well done, Year 7 and 8!







During lockdown Year 10 have been practising their presentation skills by producing chocolate truffles.



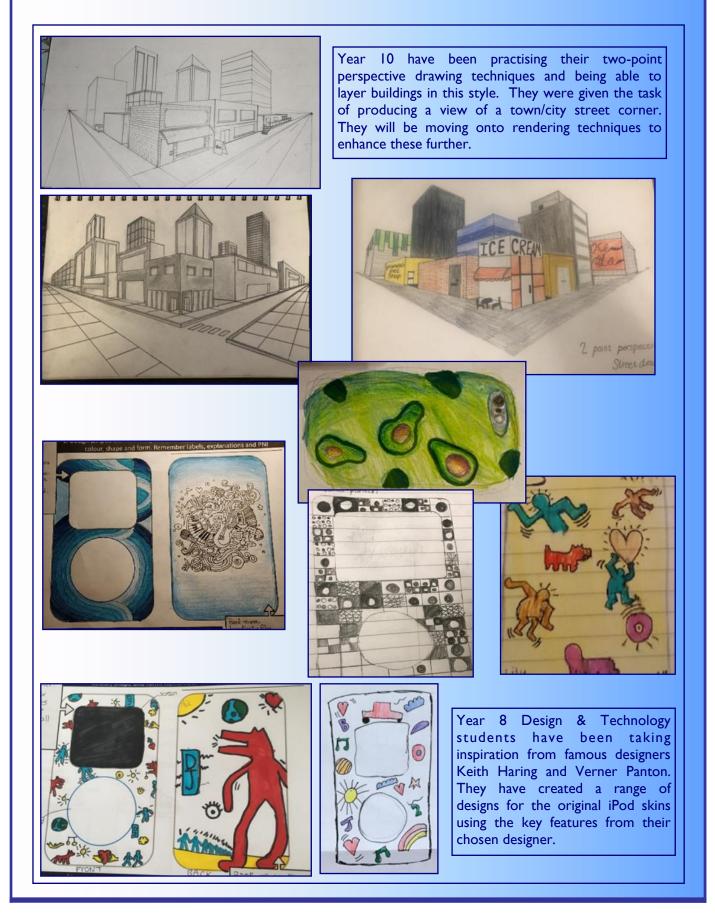








Technology & Engineering



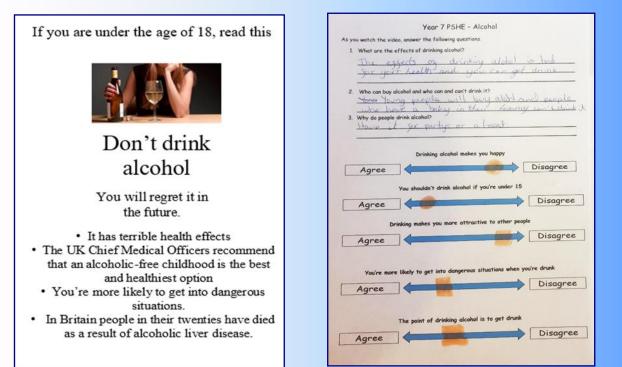
Design & Technology Continued...



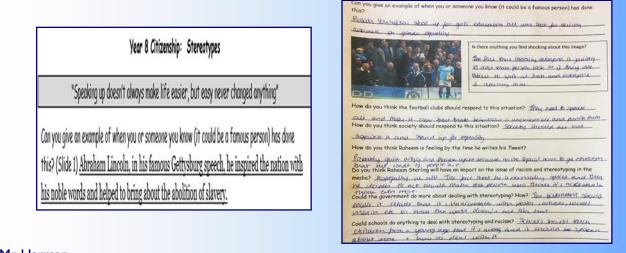
PSHE and Citizenship/VBE

Year 7 PSHE students are studying drugs and alcohol related topics this term as part of their health and wellbeing education.

Sienna Jivram (7KBO) has produced an excellent poster with a strong message for young people not to drink alcohol under the age of 18. Faye Hood (7MOW) has shown her learning on the effects of alcohol and highlighted her own opinion on the use of alcohol.



Year 8 Citizenship/VBE students have been studying the theme of prejudice and discrimination, beginning with the topic of stereotypes. Ellen Charman Lodge (8SEV) expertly analysed the Raheem Sterling racism case and the impact this has had. Easha Limbachia (8SBR) used an excellent cross-curricular example of when a famous person has spoken up to bring about change and used her understanding of history by referring to Abraham Lincoln's Gettysburg speech.



Mr Harman

Dear Year 8 Students,

We have been very busy over January, communicating with your teachers about the fantastic work you are all doing while learning remotely and setting up your key stage 4 options activities with your form tutors. We know some of you are enjoying the live Zoom lessons and trying hard to submit the tasks that are set whether you are working at home or in school.

We have really enjoyed sending through 'purple slip' emails and letters to your parents and carers to say well done. Of course, we would all rather be in school working face to face but, as a year group, we are very proud of all your efforts.

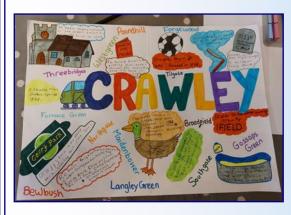
Your form tutors receive your challenge task entries every week; thank you to everyone who is taking part, we love your enthusiasm. We know there is a lot going on at the moment during form time with your options process in full swing but we hope you get to try some of the challenge tasks too. Don't forget, there is a ± 10 Amazon voucher for the winner every week. So far we have had three challenges – New Year's Resolutions, All About Crawley and the General Knowledge Quiz. Week one was our New Year's Resolution challenge where we asked you to think about a resolution but to consider how you would manage to stick to it, knowing that lots of people make resolutions but then forget about them quickly. We really loved Alice Cox's target to improve her amazing 5K running times, we are sure she will stick to her training schedule. Well done to Millie Spicer who was the winner of the ± 10 voucher for challenge week one. Millie described her own personal and thoughtful resolution with a real emphasis on the feelings of other people, well done to Millie.

For challenge week two we saw a plethora of entries for our All About Crawley poster. There were lots of fabulous posters with notable entries from a few including a lovely presentation from Sanita Nsobya who was keen on the historical facts about Crawley. Esther Armstrong presented a poster with a map of Crawley in the background that was really attractive and she was keen to note that the Queen missed out Hazelwick during her visit to Crawley in the 1960s. Kevin Williamson showed a real eye for presentation in his facts about Crawley. The winner of challenge week two was Talya Saltoglu who found some interesting facts about the history of Crawley including the origin of its name.

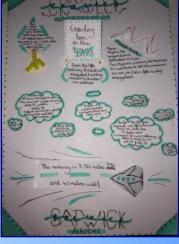
The challenge task three was a general knowledge quiz with a wide variety of different questions covering lots of different topics. We had a large number of winning entries who all scored 10/10 in this quiz. We drew the winner from the hat from all the top score entrants. Well done to all.

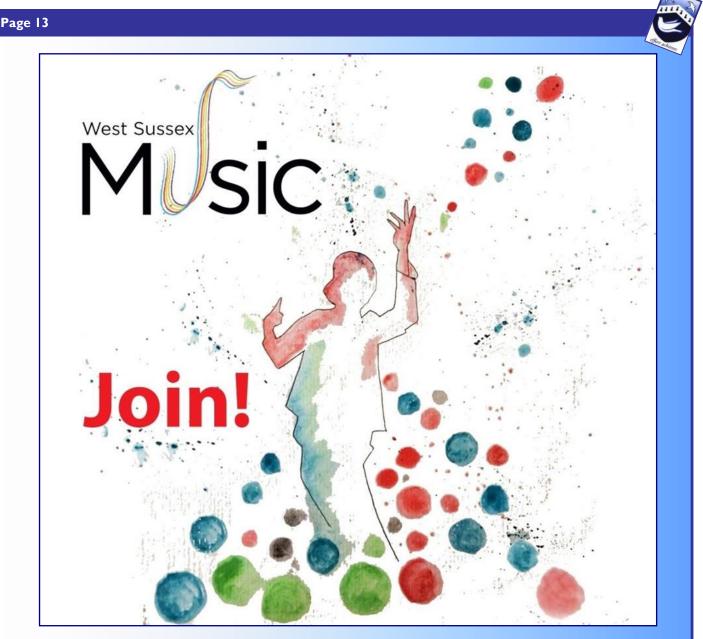
Thank you to everyone who has taken part in the challenge tasks and keep working hard remotely, you are doing yourselves proud.

Stay safe and see you on the playground soon.









West Sussex Youth Choirs Online

rehearsals via Zoom on Saturdays as part of our Virtual Music Centre

West Sussex Young Voices - 11-11.45am (Y5-Y8)

West Sussex Youth Choir - 1-2pm (Y9-Y13)

West Sussex Youth Choirs are for the most talented young singers across the county. For more information and to apply contact Musical Director, Sarah Forbes:

sarah.forbes@westsussexmusic.co.uk



Cambridge University Outreach Opportunities

If you are a student in Year 12 thinking about applying to Cambridge University, you would be well advised to have a look at the websites below which could help enormously with your application. Similarly if you are in Year II and you are hoping to apply to either Cambridge or Oxford University in the Sixth Form, it would be useful to look through the websites so that you know what will be available to help you in the future.

The first link below is for the Peterhouse College Support Scheme which gives advice to Year 12 students about how to make a competitive Oxbridge application. Although it is primarily for students in the Peterhouse College link areas (which don't include students who live in the South East), there are still 60 places available for students who do not live in the link regions so it is definitely worth looking at.

https://www.pet.cam.ac.uk/peterhouse-applicant-support-scheme-2021

The second link is for a new mentor scheme at Cambridge University's Trinity College, run by current undergraduates. There are only 20 places but it sounds a great opportunity! The one-to-one support will really help with any application and Trinity College is one of the most prestigious Cambridge University colleges, so it could be a wonderful experience for any Hazelwick student thinking of applying to Cambridge.

https://www.trin.cam.ac.uk/news/trinity-pilots-year-12-mentoring-scheme-in-response-to-the-pandemic/

Another opportunity can be found on the link below. This programme offers a two-day online course at Lucy Cavendish College at Cambridge University and is aimed at students in UK state schools. It is designed for students studying Maths and Physics. The link below gives more information and the sign-up sheet for the online course. Lucy Cavendish College has one of the largest state-school intakes of any college, so this course could be a great way for Hazelwick applicants to get their foot in the door! https://www.lucy.cam.ac.uk/Maths-Physics-Programme

The third link gives information on the newly-launched Cambridge Foundation Year. The University of Cambridge's Foundation Year provides a new route for students from backgrounds of educational and social disadvantage. Cambridge's Foundation Year in the Arts, Humanities and Social Sciences is a free programme aimed at an entirely new stream of applicants who have the ability to succeed at Cambridge, but who have been prevented from reaching their full potential by the educational disadvantage they have experienced e.g. if their education has been disrupted for any reason such as medical reasons or economic difficulties. https://www.educationalpolicy.admin.cam.ac.uk/strategic-projects/foundation-year

Finally, if you are in Year 12 and you are thinking of applying to Cambridge University, it is a great idea to enter an essay competition. Cambridge University colleges often hold competitions at different stages in the academic year; many will be opening in February and March and then more will open in the summer.

You can enter an essay competition for any Cambridge University college and you don't have to have decided which college you are going to apply to (for example, you could enter the Linguistics essay competition and then apply for English or History or any other subject). Similarly, you don't have to write an essay for the course that you intend to study there. As one of our previous students, Louis Bretkelly, commented, "I think it's quite important to stress that it's not about winning or even placing. The people who interviewed me at Cambridge were really impressed that I'd entered as they said it showed 'interest and initiative'. They also ask for lots of information on your school when you enter, so they were aware that I was at a state-school". Here are the links:

Linguistics at Trinity College https://www.trin.cam.ac.uk/undergraduate/essay-prizes/linguistics/

Philosophy at Trinity College https://www.trin.cam.ac.uk/undergraduate/essay-prizes/philosophy/

Law at Trinity College https://www.trin.cam.ac.uk/undergraduate/essay-prizes/law/

Newnham College, this competition has a wide range of subject areas - but this is an all-girls college so only girls enter https://www.newn.cam.ac.uk/admissions/undergraduates/newnham-essay-prizes/

Law at Jesus College https://www.jesus.cam.ac.uk/college/undergraduate/lord-toulson-essay-prize-law

Here is a useful website that has collated a variety of prizes from colleges at both Oxford and Cambridge. It shows that there will be questions released for nearly every course as the year progresses. https://www.mindsunderground.com/oxbridge-competitions/overview

Ms S Gratton

House News...



The Festive House Quiz

Before the Winter break, we had a Festive House Quiz where an incredible 20 form groups took part in answering festive themed questions. For each year group we had a winning form, and then an overall House winner!

Year 7- 7SCO (Seacole) Year 8 - 8CBY (Equiano) Year 9 - 9HPE (Equiano) Year 10 - 10MST (Seacole) Sixth Form- 12JCH (Equiano) Our overall winner was...Equiano House! Well done!

Winter Tweet Story

Miss Khan set the challenge for students to write a 'story' in a tweet, using only 140 characters, with the theme of Winter or the Festive Season. There were some fantastic entries and it was a difficult decision to just pick one... so we chose two winners instead!

Well done to Robert Armstrong (9ECO) for his fantastic entry:

Bah Humbug! Aren't you dead? Zzzz Those were good times. Bob's son seems nice. No not my grave! What day is it? Get the giant goose! Party!

Well done to Lila Keary (10UHA) for two brilliant entries:

A swap from spiced lattes to hot chocolate. Watching crisp red leaves change to slushy snow overnight; the most wonderful time of the year!

As scents of pine and cinnamon linger across the room, it takes me back to being 16 - watching Elf and holding hands with my one and only.

Haiku competition

Miss Pearson ran a Haiku competition where students could write a haiku on a topic of their choice. It had to be a piece of poetry containing 17 syllables shared between 3 lines arranged in a pattern of 5-7-5. There were so many brilliant entries, they had be organised into categories!

Nature category winner was Arfa Mansuri 7SCO! It is Autumn time A leaf no longer green falls Softly kissing Earth Animal category winner was Harry Tubb 7EJE! Cute, golden and soft He is full of fun and love Max, the rescue pup!

2020 Category winner was Faliha Riyaz Ahamed 7SCO! We are all locked in Sadly, no one knows how long Corona roams free.

Congratulations to Seacole house for winning 5,700 house points! Equanio came in second with 800 points.

House News...

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Keep an eye out for the results for the Limerick competition and the Pet Photography competition!

Stay tuned for more details about forthcoming House events in the Spring term. Look out for notices on Satchel One and messages from your tutor.

Keep entering House events to win House points and purple slips!

Miss Hammans Head of Fry House

Careers Café...

In this section of the newsletter, we bring students, parents and carers information on careers and the world of work.

Satchel:one Careers Notices

We are delighted to now have the ability to post careers notices on Satchel:one. Keep an eye out for opportunities from employers and information that are posted. Recent opportunities have included virtual work experience opportunities and webinars.

Monthly Key Skills Focus

Each month this year, we will focus on a different employability skill. These are the skills that you need for the world of work – and they are pretty important for life as well! By developing employability skills, you will improve your chances of getting a job and thriving in your career. There are lots of different ways to develop them – including in lessons or extracurricular activities at school, in a Saturday or holiday job, doing projects in your own time or work experience.

This Month's Skill: Good manners

This might seem obvious, but we have included it because having good manners and being polite are two of the best personal skills you can have, particularly when speaking with employers. Every job out there will require you to communicate with other people and doing so in a polite way will make things run a whole lot smoother. The relationships that you form at work are extremely important, so it's definitely worthwhile paying attention to the way you treat other people.

UK University & Apprenticeship Search Virtual Fair

The UK University & Apprenticeship Search Virtual Fair was on Wednesday 27th January. All Year 12 students were encouraged to take advantage of this excellent opportunity to start exploring university and apprenticeship options.

The event featured a wide range of universities, colleges, and apprenticeship providers from across the UK, allowing students to explore all post-18 options in one place. Universities included Russell Group, Red Brick, Modern and specialist institutions, as well as colleges and apprenticeship providers. Students could explore exhibition stands in the virtual Exhibition Hall, live chat with admissions officers, student ambassadors, academics and recruitment teams, view prospectuses and information, and take part in 10 live and interactive webinars.



Careers Café Continued...



Be the Change

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Students in Year 10 that were participating in the Be The Change programme had the opportunity for virtual meetings with their Business Mentors. It was great that the programme has been able to restart, albeit under different circumstances than were planned at the outset.

Mrs Andrews

Read On!

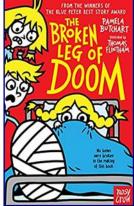
Happy New Year! This month, I thought I would highlight some of the titles that are due for publication in the next few months that I know students will be looking forward to. Chris Bradford fans will be pleased to hear that he has written the first title in a new trilogy, Jonathan Stroud has written a modern outlaw novel and Jacqueline Wilson has a new stand-alone historical novel.



The Soul Hunters by Chris Bradford

Bradford fans will have to wait until February to read the first book in his new trilogy, the 'Soul Prophecy Trilogy'. This has an unusual premise for a story – someone or something is trying to steal Genna's soul. Genna discovers that it is not a coincidence that her life has been saved twice by the same person, but can she trust her protector and why is she being chased? I am sure that this will be as fast-paced and action-packed as Bradford's other series.

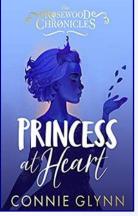
9780241326701 paperback



The Broken Leg of Doom by Pamela Butchart

Many Year 7 and Year 8 students love the silly gentle humour of Butchart's books and her new title is published later in January. Masie breaks her leg after some extreme dancing and has to spend time on the hospital ward. Can Maisie solve the mystery of the ward, with the strange noises at night time and missing cuddly toys? Is her leg cursed and is she doomed to stay in hospital?

9781788007870 paperback



Princess at Heart by Connie Glynn

Book four in the popular 'Rosewood Chronicles' series by the celebrity author will be released in February and sees the central characters of Lottie, James and the rebellious princess Ellie return to Rosewood boarding school. The gang must discover the identity of the secret agent who is attending the school in order to protect the princess. The popularity of this series stems from the combination of a boarding school setting with royalty which Glynn's fans cannot get enough of.

9780241458358 hardback

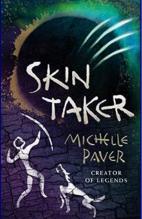
Read On Continued....



A Vanishing of Griffins by S A Patrick

This is the second book in the 'Songs of Magic' series with a new fantasy adventure for friends Patch, Wren and Barver. The first title in the series 'A Darkness of Dragons' proved very popular with the Year 7 students and I have taken several requests for book two which was published in January. The story is set in a city where humans and dragons live side by side and our heroes meet the evil Hamelyn Piper. If you enjoy fantasy/dragon stories, add this series to your 'must read' list!

ISBN 9781474945684 paperback



Skin Taker by Michelle Paver

Fans of the 'Wolf Brother' series will be delighted that book 8 will hit the bookshelves in April, having had to wait eleven years between books six to seven. Fans will join Torak, Wolf and Renn in the Dark Time of midwinter with disaster striking the forest and clans battling to survive. The Stone Age setting has always made this series a fascinating read and I hope that this title will not disappoint fans of the series.

9781789542417 hardback



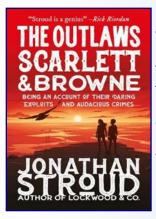
MISS PEREGRINE'S

The Desolations of Devil's Acre by Ransom Riggs

Due to be released in February of this year, this is book six in the 'Miss Peregrine's Children' gothic fantasy series. Jacob and Noor reunite with Miss Peregrine and the peculiar children in Devil's Acre. With portents foreseeing doom, can Jacob and Noor defeat the increasingly powerful Caul? From the publicity that I have read, this looks likely to be the concluding title in this quirky series.

9780241320938 hardback

Read On Continued....



The Outlaws Scarlett & Browne by Jonathan Stroud

The author of the popular 'Lockwood & Co' series has written the first in a new fantasy adventure series which is available from shops in April. The story is set in an England that has undergone several catastrophes. A new strict regime evolves and only a few people fight back. These outlaws include Scarlett McCain and Albert Browne who become legends as the story progresses. I am unsure as to the level of violence until the book is reviewed.

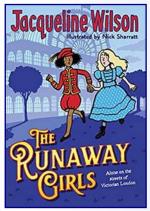
ISBN: 9781406394818 hardback



Concrete Rose by Angie Thomas

'The Hate You Give' fans will be counting the days until the follow-up title is published this month. Set in Garden Heights, the central character is seventeen year-old Maverick whose complicated life (he is the son of a drug baron) is made even more so when he discovers that he is a father. Maverick is given the opportunity to go straight – will he take it? This title will have crime and drug references and may contain some strong language as the title is aimed at older teens.

9781406384444 paperback



The Runaway Girls by Jacqueline Wilson

Wilson has set her new title, which is due to be released in March, in Victorian London. Young Lucy Locket runs away from home when her governess is replaced. She meets the young street performer Kitty Fisher who takes Lucy under her wing. The girls soon discover that the city is a dangerous place and need to use their wits to avoid the Workhouse.

9780857535986 hardback

Read On Continued....





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Catriona Wightman has written an interesting article for The Bookseller website which features the children's book adaptations for television and the cinema which I thought I would share with you as I know many cinema fans like to read or re-read the book before the film's release. 'Book to film' adaptations often make popular reading lists too!

https://www.booktrust.org.uk/news-and-features/features/2020/december/2021-tv-showsand-movies-the-childrens-books-to-read-before-they-hit-your-screens/

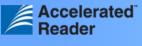
One of the highlights will be the film 'Chaos Walking', based upon the first book in the series 'The Knife of Never Letting Go' by Patrick Ness. The book was first published in 2008 and won the BookTrust Teenage Prize & Guardian Children's Fiction Award. I would describe the story as a dystopian thriller and is definitely aimed at older students due to the content as the book contains frequent scenes of violence and in particular, knife crime. The book is a hard-hitting but excellent read, with Todd's gritty narration driving the story forward so I will be interested to see if the book successfully transfers to the big screen and if the release date changes!. Check out the link to Patrick Ness's website for more information about the series order of the books and Ness's other titles.

https://patrickness.com/

'Cruella' is the live action prequel story to Dodie Smith's 'Hundred and One Dalmatians' and the film is due to be released in May of this year. Emma Stone stars as one of my favourite fictional villains and there is a strong supporting cast that includes Mark Strong and Emma Thompson. I do hope that they do not stray too far from the original source material.

Mrs Thornton BA (Hons) MCLIP School Librarian

Accelerated Reader...



Champion School



Happy New Year! The new term has started off rather differently than usual, however, I have been impressed with the students' motivation and enthusiasm with their reading and working at home.



Millionaire Readers

Congratulations to our four new millionaire readers this month:

Maahi Sawraj (7STU), Haroon Faizal (7PRI) & Haussman Shaw (7PRI) who all reached millionaire reader just before the Christmas break and Dhruv Mistry (7KBO).

Well done to you all!



Maahi Sawraj



Haroon Faizal



Haussman Shaw



Dhruv Mistry

Online Reading Resources

The West Sussex library service is free to join, online. It's really easy to register and members can access a whole host of ebooks, audiobooks and emagazines for free. Students under the age of 14 will need a parent/ carer to register for them. I have attached the website details below.:

https://www.westsussex.gov.uk/libraries/join-the-library/

West Sussex libraries also have lots of resources and activities available completely free! There is something for all ages, there are collections of staff recorded baby rhyme time, recommended author websites for children and activity suggestions. It is certainly worth a look! See the link below:

https://arena.westsussex.gov.uk/web/arena/currentoffer/childrens-activities

Accelerated Reader Continued...



RENAISSANCE Champion School





Another great online reading resource is the new joint Virtual Library project between the Oak National Academy and the National Literacy Trust. The project is providing a different established children's author/ illustrator each week who will provide one of their free books and other resources for students to use. Jacqueline Wilson was the author for the first week, with a copy of her bestselling book "Tracey Beaker".

The link to the site is below:

https://library.thenational.academy/



The myON digital library system is available for students to access digital books from home. There are over 5,000 book titles to choose from, including classic reads from Dickens and Austen and Shakespeare titles including Macbeth and Romeo & Juliet. The library contains books on a range of subjects, so there maybe books that can help with other subjects too.

These books can be read online, so are accessible via computers and tablets. There is also an audio facility to enable readers to listen to the book as they read.

The books on the myON digital library can be quizzed on too via the accelerated reader site.

The link and login details needed are below:

Simply log on to; <u>https://www.myon.co.uk/</u> Then click on the myON login button (top right hand corner of the screen) Enter the **school name: Hazelwick School** (type the first few letters and select from the drop-down menu) Enter the **username: hazelwick967student** Then, the password: **read** Click on the **Sign In** button To look for a book, click on the library button and then browse...select a book, and start reading!

If you would like any further information about the accelerated reader scheme or reading at home, please feel free to e-mail me directly. <u>Egray@hazelwick.org.uk</u>.

Mrs E Gray Accelerated Reader Mentor

Sport...

Primary School Cross Country

Unfortunately, it was not possible to run our inaugural Primary School Cross Country in person, instead I hosted the first Hazelwick Virtual Cross Country for our local Primary Schools.

The advantage of this format is that it allowed whole classes to compete, so in total over 500 students participated. We had entries from Forge Wood Primary School, Maidenbower Infant School, Maidenbower Junior School, Milton Mount School and Northgate Primary School.



For some students it was the first school competition they have taken part in and because of this teachers reported to me that the students felt a real sense of pride, achievement and enjoyment.

We also had a wide range of medallists and trophy winners, meaning that each school that entered won something. Milton Mount School was the overall Key Stage I winner. Northgate Primary School won the Year 3 and 4 competition and Maidenbower Junior School won the Year 5 and 6 competition. The overall Key Stage 2 trophy was won by Maidenbower Junior School.

Well done to all the students who took part. I am hoping that we will be able to host another virtual competition soon.

Mrs Menniss

Year 9 Leadership PE

Following on from my Year 9 PE Leadership Academy Assembly before Christmas, I had 42 students bring their forms in by the end of AM registration the following day. This was an impressive response. I had initially set the limit to 25 but have decided to run a second course in the latter weeks of the next term.

This will involve the students attending after school sessions where they are taught how to lead. This culminates in them having an assessment where they lead students in a 20 minute sporting session. The key qualities that they have been told are required from them are:

- · Commitment
- · An enjoyment in working with younger students
- · An interest in sport
- · Energy
- · Enthusiasm
- · Good organisation skills



After they have completed their assessment they will be invited

to a celebratory breakfast where they will be presented with their leadership booklets and t-shirts. They will then be a part of the Hazlelwick PE Leadership Academy and will help me lead at my Primary School events.

Mrs Menniss

Spotlight on Safeguarding Continued...

For your information this month, via the Newsletter, we are raising awareness of the issue of young people and parents staying mentally well during lockdown.

As we begin 2021, parents and carers have had to grapple with multiple concerns impacting their children as we entered another national lockdown. How would their children in exam years be assessed? How would



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parents/carers cope with homeschooling? And what would be the impact on their child's wellbeing with more disruption to their education? Anne Longfield the Children's Commissioner for England has stated that the impact of the pandemic on young people's mental health has been worrying when you consider that back in 2017, I in 9 children were considered to have a mental health disorder and by last summer this had leapt to I in 6. It is also important to consider the pressure on adults' mental health during this pandemic and the subsequent impact that this has on their children. The Lancet medical journal has reported that parents/carers who are suffering from psychological distress are

more likely to have children who are suffering from a mental health problem and that support for them at this time is vital for the child's mental health.

There are many sources of support for parents and carers to help during this latest lockdown. YoungMinds offer a helpfinder on their website where parents/carers answer a series of questions to find out how they can support their child's mental health during the pandemic. The parent is then given advice specific to their circumstances and needs. There are also various apps available which can

help with emotional wellbeing such as the Headspace app. There are meditation, sleep and mindfulness exercises, which you can access free. For those not familiar with mindfulness, it involves being engaged in the moment, being aware of your thoughts and feelings without distraction or judgment and it is known to help mental wellbeing. This link takes you to a sample of what Headspace offer for mindfulness:

<u>https://www.headspace.com/mindfulness.</u> Headspace also has a You Tube channel with many support videos available if you do not want to download the app.



Educational Psychologist Abigail Wright has come up with a number of tips which you may find useful in helping both you and your child: Equip your children with ways that they can give you verbal or visual cues to show that they are having a difficult time, which can act as a conversation starter; keeping friendships going by supporting those emotional connections they have with friends by having a games night, for example, although it does not need to be virtual as your child could post things to friends. Keeping a routine is vital according to Wright, although this should not be too rigid as then you could feel like you have not accomplished everything you set out to do. Finally taking care of yourself, taking 5 minutes to have your own time and consider the psychological concept of "good enough parenting," whereby it is fine to be good enough, rather than putting pressure on yourself to be the best you can be.

Where to get support:

YoungMinds - https://youngminds.org.uk/supporting-parents-helpfinder/ Headspace - https://www.headspace.com/headspace-meditation-app NSPCC - https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/mentalhealth-parenting/https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/ mental-health-parenting/



Music Listening and Practical Activities

In music, we will be setting a mixture of listening and practical activities over the lockdown period. If you would like to spend some extra time learning new songs/pieces of music in your own time, I have put together a folder of song sheets and scores for you to use. I will continue to add to this as we go through the next half term.

The link to the folder of songs/pieces of music is - https://tinyurl.com/hazelwickmusic21

There is a mixture here that are appropriate for guitar, ukulele, keyboard/piano, and drums. If you do not have an instrument at home, you can use <u>www.onlinepianist.com/virtual-piano</u> and use your computer keyboard or tablet/phone screen to play!

Please do get in touch if you have any questions - sbayliss@hazelwick.org.uk

Mr Bayliss

Virtual Piano - Online Piano Keyboard | OnlinePianist

Use a computer keyboard, mouse or touch screen to play a virtual piano keyboard. Our virtual piano simulates a real piano keyboard experience. www.onlinepianist.com