



Careers Café...

In this section of the newsletter, we bring students, parents and carers information on careers and the world of work.

Monthly Key Skills Focus

Each month this year, we will focus on a different employability skill. These are the skills that you need for the world of work – and they are pretty important for life as well! By developing employability skills, you will improve your chances of getting a job and thriving in your career. There are lots of different ways to develop them – including in lessons or extracurricular activities at school, in a Saturday or holiday job, doing projects in your own time or work experience.

This Month's Skill: Cognitive Skills

Cognitive skills are how we think, learn, remember and work things out. We use them in our everyday lives and especially at school and work.

We all need basic cognitive skills in day-to-day life. These help us do things like identify objects, remember things and make simple predictions. Without them, it would be impossible to go shopping, cross the road or write a WhatsApp message.



Cognitive skills can be divided into basic and higher.

Basic cognitive skills allow us to do things like record information and understand it. At work, basic cognitive skills allow us to carry out tasks like data input and information processing. At school we use basic cognitive skills for everyday tasks, such as taking notes in class, as well as other aspects of academic and professional work, such as remembering key dates, memorising formulas, or inputting data into spreadsheets.

We also rely on higher cognitive skills or “higher order cognition”, which includes:

- Advanced literacy and writing
- Quantitative and statistical skill
- Critical thinking and decision making

At school, higher cognitive skills allow us to complete more advanced tasks, such as solving a problem in maths or piecing together evidence to construct an argument in history.



Careers Café Continued...

In a report on the jobs of the future, McKinsey match the following higher cognitive skills with different jobs:

- Advanced literacy and writing: Editors, paralegals, writers
- Quantitative and statistical skills: Financial analysts, accountants
- Critical thinking and decision making: Doctors, insurance underwriters
- Project management: Purchasing agents, front-line supervisors
- Complex information processing and interpretation: Market research analysts, lawyers
- Creativity: PR specialists, music composers.

At school, push yourself to develop those higher cognitive skills. Instead of simply learning by rote, see if you can:

- In maths, identify underlying patterns or rules
- In history, read historical sources critically to identify possible problems
- In art and design, or design and technology, concentrate on a particular practical task for an entire lesson

NCW 2022



Hazelwick had a whole school focus on careers during National Careers Week (March 7th – 12th). The aims were to:

- Focus on careers guidance and education
- Help students understand, realise and fulfill their career goals
- Support students to feel confident about the future
- Enable students to focus on what they need to do now to move to the next stage in their careers journey

Every year group benefited from an assembly delivered either virtually or in person by Mrs Andrews (Careers Leader) and Mrs Frost (Careers Coordinator). Follow up activities were provided to all form teachers for use with their classes. These assemblies and activities were planned carefully to meet the needs of each year group as part of our stable careers programme. The themes covered were:

Year 7 – Jobs of the future and how the Hazelwick Bees develop your employability skills.





Careers Café Continued...

NCW @CAREERWEEK

KS3 – What should I be doing?

REFLECT

BE CURIOUS

GET INVOLVED

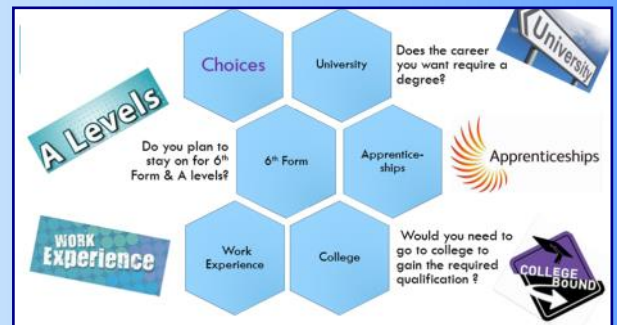
Year 8 – Exploring career paths and options



Year 9
Understanding Labour Market Information and the 4th Industrial Revolution



Year 10
Personalised careers advice meetings and exploring post 16 options



NCW @CAREERWEEK

KS4 – What should I be doing?

LOOK FOR OPPORTUNITIES TO GAIN EXPERIENCE

BE MINDFUL OF YOUR COMMUNITY

LEARN ABOUT ISSUES THAT SHAPE YOUR WORLD

Year 12 – Using Labour Market Information to make choices post KS5

How can LMI help me?

- Will I need to go to university?
- How much will I earn
- What would I do each day?
- Where are most jobs in X, Y or Z located?
- Which are the best Apprenticeships?
- Which sectors are growing or shrinking in the UK?