

In this section of the newsletter, we bring students, parents and carers information on careers and the world of work.

Businesses often need extra help during busy times like Christmas, wedding season and summer holidays. Now is the perfect time to start looking for seasonal jobs.

This can help you earn extra money and gain some work experience. Although it is only for a brief time, you can find many part time and full-time work opportunities during these busy seasons.

Any seasonal job you do might help you:

- learn new skills you can use all year round
- get work experience to build your CV
- work out if you like a certain job or sector
- try a different part of a company you currently work for
- decide if you are ready to go back to work after time off
- earn some extra money

If you are interested in working for a specific company, you could get a temporary job to take a first step towards that goal. You will be able to meet people that work there, get to know the company culture, and show that you are interested. This could lead to a full-time role when one becomes available.

You will find lots of seasonal jobs in the retail, delivery, and hospitality industries to support more social events and Christmas shopping.

For more information and support, go to [Seasonal work advice](#) | National Careers Service

Higher & Degree Apprenticeships Vacancy Listings

The October 2023 edition of the Higher & Degree vacancy listing has now launched!

Explore 250+ Higher and Degree apprenticeship vacancies from 50+ employers, including Amazon, British Airways, Rolls Royce, HSBC, Morrisons and many more!

You can download the Higher & Degree listing using the link below.

<https://amazingapprenticeships.com/resource/higher-and-degree-listing/>



Careers Café Continued...

Labour Market Information Focus: Careers in Mental Health

Hazelwick raised awareness of Mental Health during October through assemblies and form time activities. If World Mental Health Day has inspired you to explore a career that supports people with this, then you might be interested in exploring some of the National Careers Service job profiles that relate to this area:

[Healthcare | Explore careers \(nationalcareers.service.gov.uk\)](https://nationalcareers.service.gov.uk)

For example, you could be a [mental health nurse](#) or a [clinical psychologist](#) and help people manage mental health issues, phobias and addiction.



Mental health nurse

National Careers Service

Average salary (a year)
£27,055 - £40,588

37 to 38 hours a week

With further experience you could become a nursing sister.

World Mental Health Day
16 OCTOBER

www.nationalcareers.service.gov.uk 0800 100 900



Careers Café Continued...

Universities in the South East

We are pleased to share information on all the South East University open days in one great poster.

South
East

OPEN DAYS 2023

THIS IS WHERE IT STARTS.

Undergraduate open days for universities in the South East.
For some universities not all dates cover all courses/campuses.
Check each university's website for more information.

<p>BRIGHTON</p> <ul style="list-style-type: none"> • Saturday 14th October • Saturday 21st October • Saturday 4th November • Saturday 11th November • Saturday 25th November <p>www.brighton.ac.uk</p>	<p>BUCKINGHAMSHIRE NEW</p> <ul style="list-style-type: none"> • Saturday 21st October • Wednesday 1st November (online) • Saturday 18th November <p>www.bucks.ac.uk</p>	<p>CANTERBURY</p> <ul style="list-style-type: none"> • Sunday 1st October • Saturday 7th October • Saturday 11th November <p>www.canterbury.ac.uk</p>	<p>CHICHESTER</p> <ul style="list-style-type: none"> • Sunday 8th October • Saturday 28th October • Saturday 18th November <p>www.chi.ac.uk</p>
<p>UNIVERSITY FOR THE CREATIVE ARTS</p> <ul style="list-style-type: none"> • Saturday 21st October • Wednesday 8th November • Saturday 25th November <p>www.uca.ac.uk</p>	<p>KENT</p> <ul style="list-style-type: none"> • Saturday 7th October • Saturday 14th October • Saturday 18th November <p>www.kent.ac.uk</p>	<p>OXFORD BROOKES</p> <ul style="list-style-type: none"> • Saturday 7th October • Saturday 14th October • Saturday 18th November • Saturday 25th November <p>www.brookes.ac.uk</p>	<p>PORTSMOUTH</p> <ul style="list-style-type: none"> • Saturday 7th October • Saturday 4th November • Saturday 9th December <p>www.port.ac.uk</p>
<p>READING</p> <ul style="list-style-type: none"> • Saturday 7th October • Saturday 14th October <p>www.reading.ac.uk</p>	<p>ROYAL HOLLOWAY</p> <ul style="list-style-type: none"> • Saturday 14th October • Wednesday 25th October (online) • Saturday 11th November <p>www.royalholloway.ac.uk</p>	<p>SOLENT</p> <ul style="list-style-type: none"> • Saturday 14th October • Saturday 4th November (online) • Saturday 2nd December <p>www.solent.ac.uk</p>	<p>SOUTHAMPTON</p> <ul style="list-style-type: none"> • Saturday 7th October • Sunday 8th October <p>www.southampton.ac.uk</p>
<p>SURREY</p> <ul style="list-style-type: none"> • Saturday 7th October • Saturday 14th October • Saturday 4th November <p>www.surrey.ac.uk</p>	<p>SUSSEX</p> <ul style="list-style-type: none"> • Saturday 7th October • Saturday 21st October <p>www.sussex.ac.uk</p>	<p>WINCHESTER</p> <ul style="list-style-type: none"> • Saturday 14th October • Saturday 28th October • Saturday 25th November <p>www.winchester.ac.uk</p>	

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