



effort achieves



Hazelwick School Newsletter

June 2024

Dates for your Diary:

Tue 2nd Jul
Year 12, Higher Education Meeting

Wed 3rd July:
Year 6, Induction Day

Mon 8th July:
New Intake Parents'/Carers' Meeting

Mon 8th July
Year 12, UCAS Day

Tue 9th July:
Town Sports

Tue 9th to Sat 13th July
Year 12, Exeter University Residential

Fri 19th July
Year 12, Progression Advice Day

Tue 23rd July:
End of Term (1.25pm)

Headlines

Our students have been able to enjoy some fantastic activities both in school and off site during the last month.

A group of 87 students from Year 9 completed their Bronze Duke of Edinburgh expedition on the 8th and 9th June in Dorking. Thankfully it was beautiful weather and the early morning start meant they were able to see a wonderful sunrise. Despite not participating in a practice expedition, students did admirably, and their perseverance and resilience were commendable. The students completed two days of walking, carrying all their equipment for a minimum of 6 hours per day and then camped for one night, as part of their Bronze Duke of Edinburgh Award. They put their navigation skills to the test and developed their confidence and the ability to solve problems as a team. The teamwork shown over the weekend was also applaudable; the students supported one another and took care of each other as it was a new experience to many. Well done to all the students involved; we are very proud of you.



Another wonderful evening of celebration was held on Friday 21st June, with Year 11 students travelling by coach to The Holiday Inn Hotel, Brighton. Delicious food, great music, dancing and laughter combined to make this a truly memorable event. Once again, our students were a credit to the school.



All good wishes



Year 11 Prom...

Friday 21st June 2024 was a night to remember. After months of planning and organising, everyone's outfit looked perfect and the coaches departed school for the seafront of Brighton and Hove. Lots of photographs were taken in the glorious sunshine, providing memories to be treasured forever.

The venue was beautifully decorated and the sequin wall was a big hit. Everyone started the evening with a mocktail drink and then there were the first tentative steps onto the dancefloor. Students enjoyed the buffet and then the real dancing started. It was loud, busy, energetic and the temperature was high. It was fantastic to see the students really let their hair down after three years of GCSE studies and an intense period of exams. It really is such an achievement to attend all those exams and do your best. The



night was a wonderful celebration of the students' years at Hazelwick, their exams, and a milestone in their development into young adults. Thank you to all the staff who made the effort to support the Year 11s during their Prom; it was fabulous to see so many people come to the venue for the party. A special thank you to everyone who helped with the coach travel and with organising the Prom at school.



The time flew by and it was soon time for the last songs. We got on the coaches for the sleepy ride back to school, tired but happy. A few sore feet too.

We really hope everyone enjoyed the party, the photos certainly show a good time was had by all.

Happy summer holidays to all the Year 11 students, you deserve the break, ready to be refreshed for your new start in September, whatever you chose to do.



All the best

Heads of Year 11





Year 11 Prom Continued...



News, Events & Activities from the Design Technology Department...

YEAR 9

Students have been creating sweet dispensers this half term. They have considered how children can struggle with portion control for sweet treats and have designed a product which dispenses 2-5 sweets at one time. They have explored the use of mechanisms and gears to enable their dispensers to work. The user turns the crank arm at the back to dispense a small portion of sweets. Students have developed a range of creative designs for the front of their dispensers from cars and Lego figures to cartoons. The manufacture of the dispenser included some woodwork, vacuum forming, vinyl cutting and laser cutting processes to great effect.





News, Events & Activities from the Geography Department...

In Geography, our Year 8 students have been learning about the Middle East. For their assessment Year 8 were tasked with creating a travel guide on the Middle East which included “must know” information such as top attractions, the desert biome, climates, use of water and oil in the Middle East and much more.

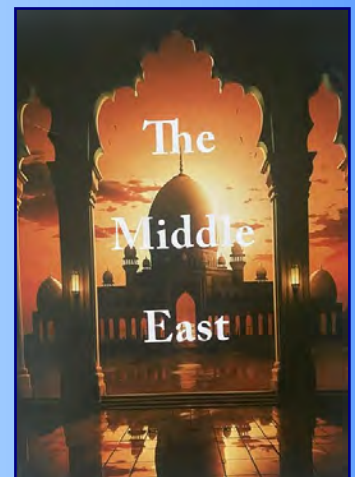
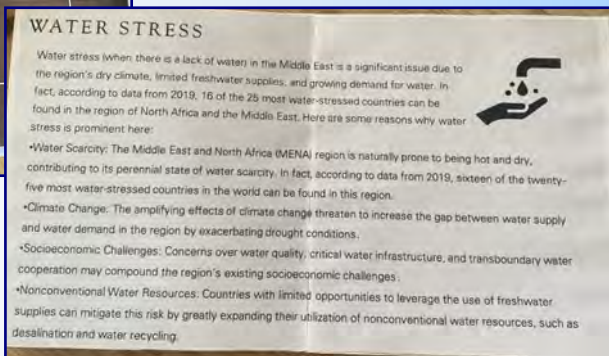
I was extremely impressed by some of the travel guides created by some of my Year 8 students. I think you will agree how fantastic these are. They are a must read if you are heading to the Middle East this summer.

Well done to these superb students!

Miss Davis



Preetum-Kaur Ghundale's in-depth mini travel guide with details about water stress!



Rupshikha Natarajan Selvam's detailed travel guide about all things you can do and find in the Middle East!

Top attractions suggested by Lucy Hamshaw's detailed travel guide!



Amirah Miah's in-depth travel guide detailing multiple countries in the Middle East!



News, Events & Activities from the History Department...

Year 7 Trip to Bodiam Castle

Just before half-term 90 Year 7 students visited Bodiam Castle, over 2 days, to find out more about the history of this castle and what life was like for people in Medieval England.

The trip consisted of a really informative tour of the castle which included information about the various people who lived there throughout the centuries, both rich and poor. Some students also braved the steep climb to the top of the tower for a great insight into the reality of living in a stone castle, with its many stone steps!

We also had a chance to see (and feel the weight of!) some medieval armour. We found out that training to be a knight would begin at the age of 7 and that the quality of your armour depended on how wealthy you were. You definitely wanted to be able to afford to buy the more expensive, therefore safer, armour!

We also had the chance to eat our lunch in the beautiful grounds and a great day was had by all!

Mrs Barton





News, Events & Activities from the Geography Department Continued...

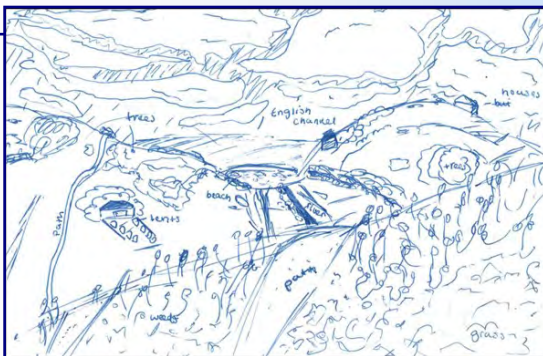


Year 7 Geography Field Trip to Cuckmere Haven, South Downs National Park

The Geography department took one hundred Year 7 students on a fieldtrip to Cuckmere Haven. On the day, students gained first-hand, practical experience of concepts explored in the classroom such as map skills, river processes and coastal processes.

Students entered their field sketches from the day into a competition to earn Purple Slips and the two best entries are featured below.

Miss Schoonraad



News, Events & Activities from the MFL Department...

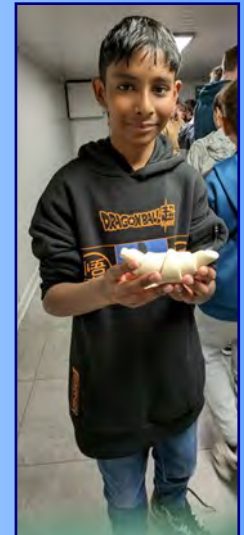
Year 7 Trip to Boulogne

The French trip was amazing! When we arrived, there were two activities waiting for us. In the bakery we were able to see how pastries are made. In the other one you had to speak French to the baker and then after we made croissants with dough. The last thing we did was go to a few French shops which was great!
Sienna Bhella 7YMO

The trip was great fun! We all got to go shopping and we saw a French bakery for the first time ever. We got taught all the words of ingredients for croissants and we even saw how many hours the baguettes must cook for. We saw how to make dough, and it was sticky because it hadn't been cooked yet. Then we went to a hyper market. It was so big I nearly got lost!
Indie Roberts, 7EGA,

I enjoyed my trip to France very much.
The ferry was really nice, and the food was great!
I enjoyed going to the bakery.
Overall, I loved the trip and being able to explore!
Thanks for the great experience!
Emma Jenkins 7ZBA

I enjoyed every moment of the trip, especially going shopping in the French shops and markets. I very much enjoyed the bakery as we were able to make and eat a croissant. I would love to go again as the trip really helped me improve my speaking skills.
Belle Imhoff 7DLI



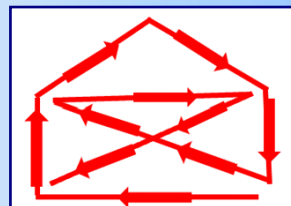


News, Events & Activities from the Maths Department...

A reminder of last month's puzzle

Which of the above two envelopes can you draw in a single stroke without lifting your pen from the paper or going over any line segment twice?

Can you figure out the answer from observation only, without trying to draw them yourself?



Answer:

Suppose a vertex (corner) has three lines meeting there. Then if more than two such vertices exist, a solution is impossible, as in the first envelope.
 In the case of the second envelope, a solution is possible starting at either the bottom left or bottom right corner.
The principles to this solution is thanks to the great Swiss Mathematician Leonhard Euler (1707-1783).

Well done if you managed to solve it.

Here is June's Puzzle



There are six glasses lined up in a row on a table, labelled 1 to 6. Glasses 1, 2, and 3 are filled with water, while glasses 4, 5, and 6 are all empty. How can you make the full glasses and the empty glasses alternate by moving just one glass?

Good luck!

Mrs Mayhew

The solution will be in next month's newsletter.



Silver DofE Expedition



Participating in the Duke of Edinburgh's Award was an extraordinary experience that completely opened my eyes to the nature that surrounds us. While hiking through breathtaking landscapes, I bonded with my teammates with fun banter and jokes. Even though at times it was difficult, I learnt new skills such as putting up a tent,

independence and one that I found extremely hard; living without technology! One of my favourite parts of the expedition was the group jokes whilst walking and when we got to camp as it was a relaxing and joyful way to end a hard day of work. Ultimately, DofE was more than an award; it was an adventure that equipped me with resilience, independence and unforgettable memories.



Aditya Vaidya - 10IHO



My Silver Duke of Edinburgh experience was both really fun but also really hard. The Silver DofE is 3 days of walking/hiking and 2 nights of camping. The days of walking were very fun with lots of laughs and memories that I will keep forever. We did get lost a few times but that is part of the experience. I feel that getting lost made it more interesting but towards the

end it gets very hard. Personally, I think being at camp is the best part because you get to put up your tent, make your own dinner and just have fun with your friends. I would definitely recommend the Duke of Edinburgh to anyone, it's 100% worth it.



Bella Aiken - 10 MST



Silver DofE Expedition Continued...

We are “group penguin” and we have just completed our Silver Duke of Edinburgh expedition and we have had so much fun.

When we arrived on the Saturday to the meeting point, we were surprised with a lovely gift bag made by our parents with everything we would need to survive this expedition, plasters, sweets and even matching tops! We set off on the Saturday all packed up and raring to go. We had all practised using the compass and map reading the week before at school so we knew exactly where we were going... until we took the wrong turning in the first five minutes. We went all the way down this hill thinking it was the right way, but it turned out it wasn't. Back up the hill we went and we started again. We knew where we were going this time.

We collected lots of cuts that day as our map took us down a path but it was extremely overgrown. The funniest part had to be when we encountered some cows and Holly claimed that “they're more scared of you than you are of them” and then proceeded to get chased by them.

The day went on and then we arrived at camp. We were shocked to find out there were no showers and our toilets came in the form of a port-a-loo.

The next day, we packed up our tents and set off for day 2. We came across some horses and we had learnt from the day before just to stay calm. So, when they were sniffing our backpacks, we learnt to just stand there and take some deep breaths. Liv made a fantastic spot when she discovered that there was a tic crawling up Holly's neck and she expertly removed it. On day two, we arrived at camp and we were happy to find out there were real toilets this time! We cooked pasta again and we played catch with a fire blanket.

We went to sleep and woke up for the last day, being woken up by pots and pans being bashed together right next to our heads. Our feet started to hurt but our singing and ‘would you rather's’ kept us going. We crossed the finish line in our matching tops and it was a delight to see our parents standing there waiting for us. We finished off the wonderful weekend with a huge Mcdonald's.

Overall, it was an amazing experience and if we were to give advice to people we would say to definitely participate because we have made memories that will last a life time.

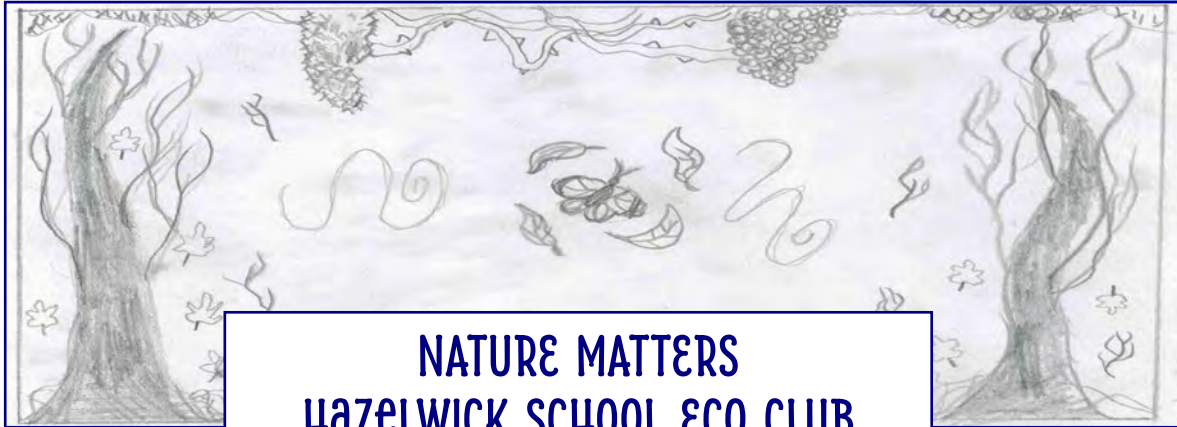
Team Penguin

Talented Athlete Programme (TAP) - Multi-Activity PE Challenge – Friday 21st June

On Friday 21st June, 7 of our TAP students took on the role of team leaders and ambassadors for their sport in a PE event. They had previously been interviewed about the level of dedication that is required to participate in a sport at county level and above. These interviews were watched by attending Year 6 students from Three Bridges Primary School. Also in attendance for the afternoon were 40 nominated Year 7 students. The competition involved a game called ‘Switch’, a Sprint race, Speed Bounce, Standing Long Jump, Vortex throw and a Relay race . Points were awarded for participation, with Tom Duncan's team being victorious at the end of the afternoon. Some Year 9 students from our PE Leadership Academy were also there to supervise and oversee each event. In all, it was a highly competitive afternoon, with Hazelwick students demonstrating excellent conduct and participation.

Well done to all, you were amazing!

Mrs McHugh



NATURE MATTERS HAZELWICK SCHOOL ECO CLUB

These amazing students will be the Eco Leaders next year.

They are:

Lucy Bowles, Martyna Uminska, Henry Carter, Daniel Carter, Millie Morley, Jayden Grundstoks, Layla Collins, Freya Wheatley, Saanvi Shetty, Anabel Miorali Linan, Kayetan Stefanski, Nevaeh Evans, Jack Yeomans, Thomas Bullen.

If you have an ideas or suggestions for Eco events next year, please to speak to any of these students.



'Annie' The Musical...

The incredible cast, band and crew of this year's school musical, 'Annie' are in the final stages of rehearsal and excited to share the fruits of their hard work with you this July!

'Annie' is a Broadway musical set during the Great Depression in the 1930s. The story follows Annie, an optimistic young orphan living in a harsh orphanage run by the cruel Miss Hannigan. Despite her hardships, Annie remains hopeful that her parents, who left her at the orphanage as a baby with a promise to return, will come back for her.

Annie's life takes a turn when she is chosen to spend the Christmas holidays at the mansion of billionaire Oliver Warbucks. Initially reluctant, Warbucks soon grows fond of Annie and decides to help her find her parents by offering a large reward. This generous offer attracts the attention of many impostors.

Meanwhile, Miss Hannigan conspires with her brother Rooster and his girlfriend Lily to claim the reward by pretending to be Annie's long-lost parents. Their plan ultimately fails, thanks to the intervention of Warbucks, his personal secretary Grace Farrell, and the police.

The musical ends on a joyful note as Warbucks decides to adopt Annie, offering her the family she has always dreamed of. The story emphasizes themes of hope, resilience, and the transformative power of love and kindness. Iconic songs from the musical include 'Tomorrow,' and 'It's the Hard Knock Life.'

This year we have welcomed back ex-student Noor Azam as our set designer, and we are thrilled to have so many staff join in the band this year, making this year's a truly collaborative show that reflects our wonderful school community.

Tickets are available at www.ticketsource.co.uk/hazelwick-school. Tickets cost £8 for adults and £5 for children/concessions.



Photo from Right to Left: Abigail Smith, Lucy Jellicoe, Eloise Cathcart, Nevaeh Evans, Jack Yeomans, Billy Luxford, Evie Hayes, Grace Adam, Freya Wheatley, Ivy Brown, Ella Simpson, James Hill, Ella Lampey, Zara Howe, Whitney Buwure, Dara Meenaghan, Thomas Bullen, Maisie Reed, Aline Campos-Banos

Ms. Grubb



**Hazelwick
School
Presents**

Annie

THE MUSICAL



Wednesday 3rd July 2024 at 6pm

Thursday 4th July 2024 at 6pm

Friday 5th July at 2024 5.30pm

**Tickets can be purchased on [www.ticketsource.co.uk/
hazelwick-school](http://www.ticketsource.co.uk/hazelwick-school)**

Adults: £8 Concessions: £5

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Book by THOMAS MEEHAN. Music by CHARLES STROUSE. Lyrics by MARTIN CHARNIN. Original Broadway Production Directed by Martin Charnin. Presented on Broadway by Mike Nichols. Produced by Irwin Meyer, Stephen R. Friedman, Lewis Allen, Alvin Nederlander Associates Inc., The John F. Kennedy Center for Performing Arts, Icarus Productions.

Based on "Little Orphan Annie" ® by permission of the Tribune Media Services Inc. This amateur production is presented by arrangement with Music Theatre International All authorised performance materials are also supplied by MTI



House News...

As always, June has been an excellent month for the house system, with more wonderful events and opportunities to win house points. Tensions run high as we draw close to the end, awaiting results of the winning house so they can take their place at the celebratory 'House BBQ.'



To coincide with Deaf awareness week, we ended May with a lip-reading challenge for Year 7 and 8. This house event earned Turing house a tremendous 2,900 points!



Well done to all participants that took part in this tricky event, but especially to Freya Wheatley in 8RKR who was our overall winner.



To celebrate Pride month, and to test the students' knowledge on LGBT history, every form group bar from the very busy Year 11's had the opportunity to participate in a Pride quiz. 9NJE were the overall winners of this quiz making Seacole the winners of this house event, great work 9NJE.

Hairdressing Challenge

To earn their house some valuable points, Year 7 and 8 took part in a hairdressing challenge. Excellent work from Danielle Potts, Rhia Rahi and Shaima Rahman in 8LSC for this creative look, making Seacole once again the winners of the challenge.





House News Continued...

The origami house event for Year 7 saw Fry and Turing house earning points. Look at these wonderful creations they made.



Seacole's hard work and dedication has paid off, the leaderboard is looking very close but Seacole have finally taken the lead from Winton!

House Points Table June 2024	
<p>The winning house is ...</p>  <p>Seacole 121,929 points!</p>	<p>2nd place – Winton 120,200 points</p> <p>3rd place – Fry 116,580 points</p> <p>4th place – Duleep Singh 113,088 points</p> <p>5th place – Turing 109,348 points</p> <p>6th place – Equiano 98,763 points</p>

As this newsletter is being put together, we have a very exciting week for the house system. Not only do we have sports day, but we also have a Tug of War event with results being added to sports day results.

Good luck to all, and I can't wait to see who our overall house winners will be!

Miss Petch
Head of Turing House

Careers Café...

In this section of the newsletter, we bring students, parents and carers information on careers and the world of work.

Experiences of Workplaces

We have been fortunate to enable more students to experience workplaces through school visits. Recently we took a group of Year 10 Food Technology students to Plumpton College. The trip involved finding out about the exciting career opportunities in the bakery industry and an interactive session to learn all about how to be a successful baker in a state-of-the-art, professional kitchen. They enjoyed making (and eating!) artisanal pitta breads.



Year 9 Apprenticeship Awareness

We welcomed two West Sussex Careers Advisors to Hazelwick on Thursday 13th June to deliver a “Search and Apply” apprenticeship workshop to a group of Year 9 students.

The learning outcomes were:

- Students will understand what an apprenticeship is
- Students will start to envision what an apprenticeship could look like for them
- Students will know where they can look for apprenticeships
- Students will learn the best ways of applying for an apprenticeship

It was a hands-on and interactive session where students learnt about the application journey, from an online application form, to CV's, interviews, and assessment centres. They attempted an application scavenger hunt to explore the [GetMyFirstJob](https://www.getmyfirstjob.com/) website which lists opportunities in the local area.



Careers Café Continued...

Here are some pictures from the Year 9 Apprenticeship Awareness session.



Did you get there?

Don't fall at the first hurdle! Think about these things when looking at adverts:

✓ DO:

- Be realistic with distance
- Read the whole advert thoroughly
- Pay attention to detail
- Complete your profile or provide as much additional information you can!
- Research the role & company

✗ DON'T:

- Apply to 100's of jobs without ensuring they align with your values
- Be embarrassed! Check your spelling and email address... no "ilovemymum@gmail.com". Think of first impressions.
- Assume you know everything

Where else could you look?

Opportunities are all around you!

DIRECT WITH AN EMPLOYER

Always dreamed of working for a particular brand? Really passionate about a certain company?

Check their website for any information on apprenticeships, or send them an email to ask the question!

Employers will usually have a whole section of their website dedicated to careers

Look at their social media accounts for announcements about new roles

You might even find entry level roles too!





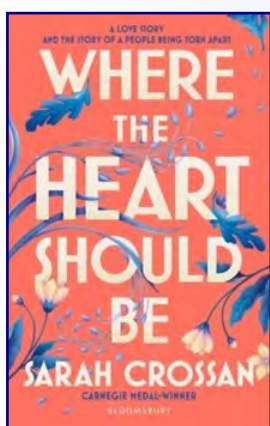
Read On!

All Things History!

The idea for this month's theme is the result of a recent article I read by the author Jasbinder Bilan. The reading charity BookTrust asked Bilan to recommend novels that "Focus upon the diverse parts of British history, so that today's readers can see their families' histories on the page." I have included the link to the article below and thought I would highlight some of the titles mentioned and added some of my own favourites. As some students have a keen interest in family/local history, I thought it would also be useful to share the links to the wide range of resources from West Sussex Library Service and the local Record Office. Many thanks to Mr Suckling for his guest review this month about a book that really makes you rethink what you thought you knew about the world!

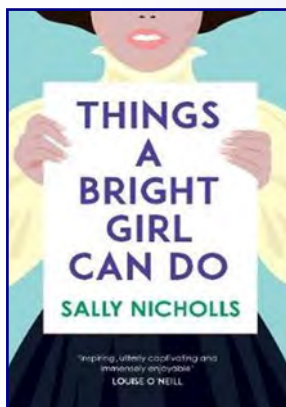
Historical Fiction & Non-Fiction Recommendations

Where the Heart Should Be by Sarah Crossan



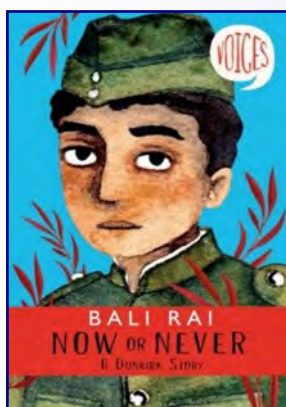
This hard-hitting verse novel is set in Ireland during the Great Hunger of 1846, and it is an emotional read. Central to the plot is a romance which gives balance to the difficult issues associated with famine that the book explores. Central character Nell works below stairs as a scullery maid for the wealthy landowner Sir Philip Wicken. Despite the fact that people are starving and falling sick, love blossoms when Sir Wicken's nephew Johnny moves into the Big House. Please note that the story does contain scenes that depict starvation, cruelty, violence, and there is some swearing. For these reasons, the novel is aimed at students Year 9 plus. The book is beautifully written, with central characters that you will root for and I am sure it will be nominated for several book awards.

Things a Bright Girl Can Do by Sally Nicholls



Written in 2018, this novel makes the perfect springboard for discussions about the Suffrage Movement and the fight for women's rights. The story follows the lives of three young women from different backgrounds who join the Suffrage Movement in a bid to be treated equally. Evelyn worries that she will never be able to attend University, like her brother. May and Nell are in love and "dream of a world where all kinds of women have their place." In addition to exploring the lives and experiences of the Suffragettes, the story also examines Edwardian society and the class structure of the period. The book was shortlisted for several book awards in 2018 and 2019.

Now or Never by Bali Rai



I have included a title about the D-Day landings as the 80th anniversary was remembered earlier this month. Fifteen-year-old runaway Fazal joins the Royal Indian Army Service Corps and lies about his age in order to support the British war effort. Fazal's notions of duty and comradeship are tested when his unit discovers that not everyone treats them as equals. This is one of the titles in the 'Voices' series which are based on true events and aim to "highlight the valuable and often overlooked contribution made by immigrants to Britain throughout history."



Read On Continued...



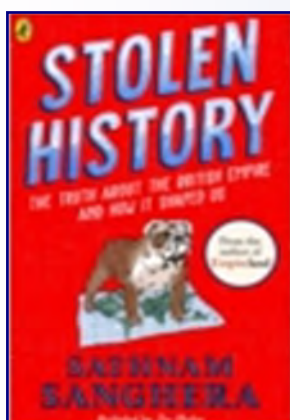
Windrush Child by Benjamin Zephaniah

Benjamin Zephaniah won the Diverse Book Award for the 'Best Children's Book' category in 2021 with his moving tale about the experiences of the Windrush Generation. Based on historical events, the novel relates ten-year-old Leonard's story, who travels with his mother, from Jamaica to join his father in England. In addition to his research, the author draws upon his own experiences growing up in England during the 1960s. Zephaniah does not shy away from the political scandal that ensued. The novel follows Leonard's story to adulthood, when the character is devastated by the fact that he is denied citizenship, aged seventy. This novel is also part of the 'Voices' series.



Black and British by David Olusoga

This non-fiction title is the abridged version of the adult edition published in 2017 by the award-winning historian and broadcaster David Olusoga. The author explains when Africans first came to Britain and explores the 1800 years of Black British history, from the Roman Africans who were tasked with guarding Hadrian's Wall until the present day. Maps, photos, leaflets and portraits are included which helps to engage the reader. A fascinating and informative read! Please note that there is also an illustrated picture book version of this title.



Stolen History: The Truth about the British Empire and How it Shaped Us by Sathnam Sanghera

Although this is the children's adaptation of the bestselling 'Empireland' which inspired the Channel 4 documentary 'Empire State of Mind', I am sure older teens and adults will find it a fascinating introduction to Britain's imperial history and how it affects our lives today. The book could form the basis for discussions about a complex part of British history. I have included the link to the television series, as it is still available to view.

<https://www.channel4.com/programmes/empire-state-of-mind>

<https://www.booktrust.org.uk/news-and-features/features/2024/may/favourite-fiction-about-british-history/>



Read On Continued....

West Sussex County Council Library & Record Office Resources

The local Library Service has a wealth of books and resources on the themes of Family and Local history, available in libraries and online. They also have a useful 'getting started guide' and lists of links to other sources of information within West Sussex that will help you with your research. Examples include Ancestry, Find My Past and the British Newspaper Archive. Website links are also given to the National Archives and the General Registry Office. Please note that you will need to be a registered library member to access some of these sites. Details are given as to which sites can be accessed from a home PC, a local library or a Record Office computer.

<https://www.westsussex.gov.uk/leisure-recreation-and-community/history-and-heritage/family-history/>

One of my favourite local history websites for research is the West Sussex Past Portal, with the useful town and village guides and information about Victorian West Sussex. History students may find the wartime and military sections of the portal of particular interest. There is a wide range of sources to explore, including recorded memories, letters, diaries, original records, and newspaper articles.

<https://www.westsussex.gov.uk/leisure-recreation-and-community/history-and-heritage/west-sussex-past-portal/>

West Sussex Record Office

The West Sussex Record Office, based in Chichester, has a wealth of resources for both family and local historians. You can search their online catalogue of resources, which include Census records, county and street directories, Poor Law records, poll books and electoral records, and the archives for the Royal Sussex Regiment. The opening hours and contact details of the Records Office can also be found by clicking the link below:

<https://www.westsussex.gov.uk/leisure-recreation-and-community/history-and-heritage/west-sussex-record-office/>

House History

If you are tracing the history of your house, there is an excellent guide on how to research your house, and some guides to resources to get you started.

<https://www.westsussex.gov.uk/leisure-recreation-and-community/history-and-heritage/house-history/>

Other News - Volunteering Opportunity

Our local Public Libraries are looking for young volunteers to help with this year's Summer Reading Challenge. I have included the link to the role description, parental consent letter, and reference form.

<https://www.westsussex.gov.uk/leisure-recreation-and-community/volunteering/specialist-volunteering/summer-reading-challenge-volunteer/>

Author Event

Local author Eve Ainsworth is giving a book talk about her Adult Fiction novel 'Somebody I Used to Love' at the Crawley branch of Waterstones on Thursday 4th July. You will need to purchase your ticket directly from Waterstones by clicking the link below.

<https://www.waterstones.com/events/eve-ainsworth-in-conversation-with-poppy-alexander/crawley>

Hazelwick School Library Web App

We are delighted to announce that our new web app has been launched. Students can now reserve and renew library books. For a trial period, we also have access to a range of audio books for students to enjoy. The web app can be accessed from the library pages of the school website or by clicking the link below:

<https://uk.accessit.online/hzl04/#!/dashboard>

Keep reading!

Mrs Thornton BA (Hons) MCLIP
School Librarian

Read On Continued...

Guest Reviewer

Our guest reviewer this month is: Mr Suckling

Book Title: Factfulness

Author: Hans Rosling



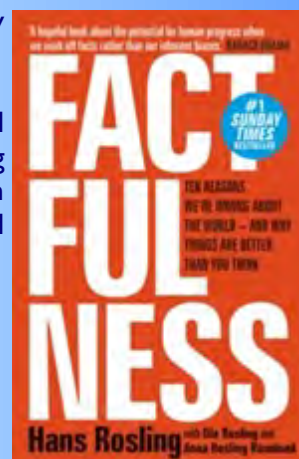
Throughout my form time DEAR sessions and time at home I have selected a book to read that I feel has had a big impact on my interpretation of the world. It is the second time I have read 'Factfulness' and it was every bit as enthralling and informative as the first time, with the core message still resonating after having read it. Sadly, the author Hans Rosling, passed away after having finished his contributions to the book but his son and wife (Ola and Anna respectively) ensured his message made it to print. Hans took some advanced geography and made it very accessible to the public whilst having such an impact as to have a former U.S president (Obama) adding it to their summer reading list. The book is linked to a quiz you should take before reading which is available online. The questions may seem like basic geography development.

The premise of the book is that our perception of the world has been warped by a series of 'mega misconceptions' such as the idea that the world is divided simply in two – Rich and Poor – whereas it is far more accurate to describe the world on a least 3 levels of wealth/income. This is just one of several assumptions people are likely to have about the world due to the way in which the world can be presented or reported to them. Our media and word of mouth can lead to inaccurate ideas of where in the world development is occurring and what that development actually looks like. The author tackles this by going through the core misconceptions and highlighting the true world picture. Hans is able to weave in stories of his work throughout his career whereby he would get into various situations either amusing or staggering such as almost being butchered by an angry tribe or assuming the nationality of a downed air force pilot during the cold war was Russian in Swedish territory. The book constantly challenges you and the world views that may have been instilled chiefly by the media. For this reason, it is guaranteed to teach you something practically with every chapter you navigate.

The main reason I like this book is because it turns your viewpoint of the world upside down and takes away the negativity you are likely to experience if you base your worldview solely on the 6pm news. There is far more to learn and be aware of regarding human development and a lot more progress has been made than is always given credit for. I also like the fact that the end message is simple and can be interpreted by everyone regardless of whether you are a scientist or geography specialist.

I think anybody who is looking for an informative new take on the world that will enlighten you on global development whilst doing so in an engaging and gripping way. I use this book to deliver lessons at A level but have also done so for Year 9 in the past. It is the first book I typically recommend on my sixth form recommended reading list.

You will finish reading keen to find out more!



Sport...

Year 7 win Bronze at the Super Six Athletics

12 Year 7 students attended the annual super six competition at Ifield Community College this month. Each student has to compete in a track event, field event and a relay.

Team Hazelwick displayed great determination and attitude in all events, eventually finishing in the bronze medal position.

Mr O'Brien



U14 Girls Cricket Fixtures

Over the last few weeks, a group of U14 Girls competed in cricket fixtures against a range of Sussex Schools. We have a wide range of abilities and many new to the sport. The first game the girls faced, unfortunately, was a battle, with the girls losing. This did not put off our lovely students however, as they came back with tenacity and determination to win their next game and that they did. Coming up against Ifield Community College, the girls knew it would be a tight competition. With some amazing bowls from Lucy Hamshaw, Harleen Saraw and Jessica Lock, we managed to get a few Ifield Community College girls out, giving us that push we needed.

Some excellent batting was seen from the likes of Molly Tripp and Olivia-Grace Weaver, scoring us multiple runs of 6!

As we come to the end of our short but exciting season of cricket, we have turned a team of newbies to a team of amazingly skilful students, getting us some points in the competition. I am extremely proud of all those who have got involved over the last term.

A reminder for all other boys and girls keen to take part in cricket, the club is on every Thursday after school!

Miss Calthorpe



Photo from left to right: Molly Tripp, Saanvi Shetty, Lucy Hamshaw, Olivia-Grace Weaver, Jessica Lock, Lauren Taylor and Elisha Clifford

Spotlight on Safeguarding...

For your information this month, via the Newsletter, we are raising awareness of the issue of the importance of sleep for wellbeing.

The importance of young people getting enough sleep is vital for their ability to be able to focus on their studies at school and their emotional wellbeing. The NHS recommends an average of 9 to 13 hours of sleep per night for children, although each individual child will need different amounts. Sleep is a key indicator of poor mental health in children and can be a sign that they are struggling. Claudia Hammond from BBC Future states that a serious lack of sleep, or seriously disturbed sleep in teenagers is one of the most common symptoms of depression among adolescents. Looking forward into the future, there is evidence that poor sleep in teenage years can then lead to young people facing poor emotional wellbeing as they get older. Research by the University of Sussex found that amongst those 15 to 24 year olds studied, those who slept poorly at the age of 15 were more likely to be experiencing depression and anxiety when they move into their late teens and early twenties. The difficulty for teenagers is that it is not unusual for them to not feel tired until later at night. In adults, the level of the stress hormone cortisol are lowered and just before sleep the protein melatonin is released to aid sleep. For teenagers, this shift is delayed, hence some teenagers not feeling tired until midnight. There are challenges to contend with such as early school starts and increased workloads, which will inevitably lead to anxiety and worries in some young people. Signs that your teenager might be sleeping poorly include being grumpier and more irritable, being less focused, regularly waking up on the wrong side of the bed, the quality of schoolwork reducing with grades slipping, struggling to concentrate and falling asleep in lessons.



In terms of advice, psychologist Anjula Mutanda suggests that parents/carers try to be understanding of the challenges of teenage life as making them feel guilty will not encourage a change in behaviour; allow them to sleep more at the weekend, get the whole household to limit screens in the bedroom as the blue light emitted interferes with sleep and by everyone being involved it will seem fairer, encourage fresh air and exercise at least three hours a week to help make them more tired and ask your teen to write down any problems they are going through which can reduce the likelihood of them going to bed worried. It could be a list of things that they need to do for school which has been worrying them for example.

For further advice, you could explore **Michael Mosley's Five tips for helping your kids sleep well**, which is part of a parent toolkit and explores the following: 1. Clear distractions out of their bedroom; 2. Establish a sleep routine; 3. Set up a regular sleep schedule; 4. Try to ensure they're eating a healthy diet; 5. Encourage them to be active outdoors.

[Michael Mosley: Five tips for helping your kids sleep well - BBC Bitesize](#)

Where to get further information and support:

- **Childline**
[Problems sleeping | Childline](#)
- **Young Minds**
[Sleep Problems | Mental Health Support | YoungMinds](#)



Hazelwick Twitter Account



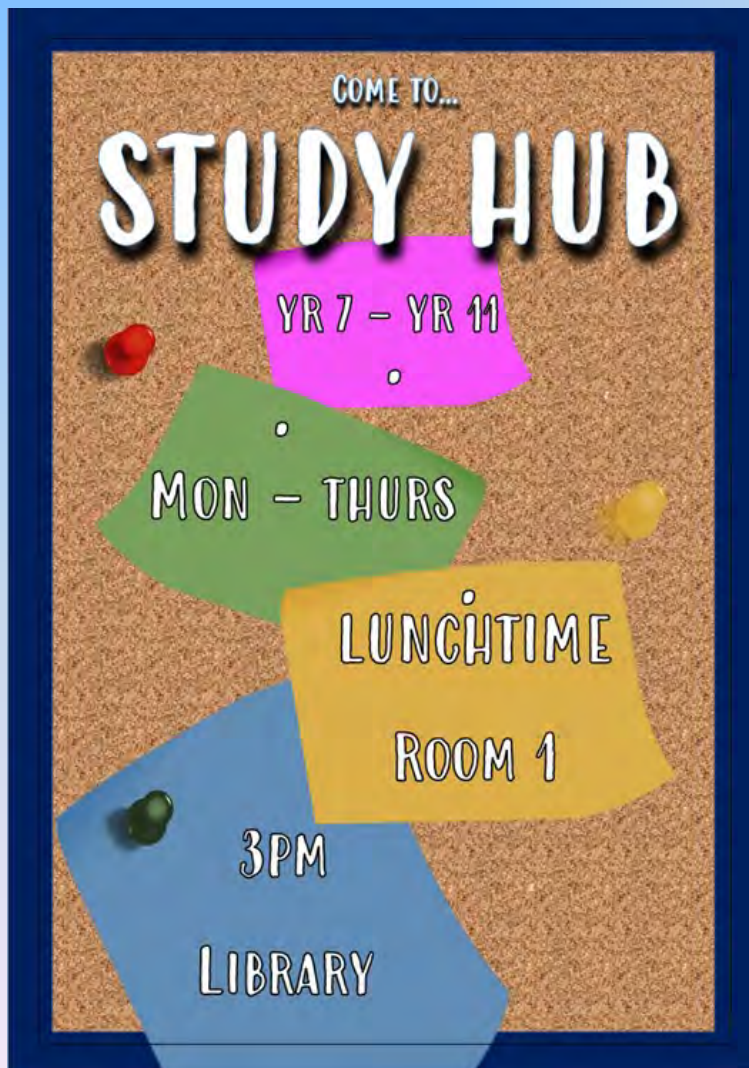
Follow us on our Twitter account @HazelwickSchool for reminders of key dates and details of important events.

Insight - Parent Portal

Insight is a secure online system which allows parents/carers to access a range of data and information about their son/daughter. Once logged in, parents/carers can view information such as their child's timetable, session attendance, behaviour points and school reports.

If you have not accessed this yet and would like more information, please email insight@hazelwick.org.uk

Homework & Revision Clubs



Study Hub

Years 7-11

supervised study at
lunchtime and 3-4 pm
after school.

No need to book, simply
turn up when you need
help.

Sixth Form: Monday to Friday until 4.30pm – Supervised study in the Octagon.